

Honoring Our Franciscan Tradition



# ST. FRANCIS OF ASSISI PARISH

SEPTEMBER 03, 2023 - The Twentieth-Second Sunday In Ordinary Time



**"Whoever wishes to come after me must deny himself,  
take up his cross, and follow me.**

**For whoever wishes to save his life will lose it,  
but whoever loses his life for my sake will find it."**

*Matthew 16: 24-25*



September 04 - Labor Day



September 08 - The Nativity of the Blessed Virgin Mary



September 09 - St. Peter Claver, priest



We are hiring for the part-time position:

### Sacramental Ministry Coordinator (15 hours/week)

Responsible for coordinating the sacramental ministries of the parish (Baptism, Weddings, Funerals, First Communion, Confirmation) under the direction of the Pastor and in coordination with staff and parish program leaders.

Contact Fr. Rey for job description and further information: [resume@stfrancisparish.com](mailto:resume@stfrancisparish.com)

## The Franciscan Saints

Each week between August 11, the Feast of St. Clare, and October 4, the Feast of St. Francis, we will highlight an individual who was inspired by the humility, simplicity of life, closeness to the poor, and spirit of prayer of St. Francis and St. Clare. These stories are found in the book *The Franciscan Saints* by Robert Ellsberg.

### BLESSED LOUISA OF SAVOY (1461-1503)

(widow and Poor Clare)



Louisa was born into the highest circle of Nobility. Her father was the duke of Savoy, while on her mother's side her uncle was the king of France. A pious child, she dreamed of entering religious life. Instead, when she was seventeen, her uncle arranged her marriage to a young nobleman. The marriage proved a happy one. Louisa engaged in a range of charitable activities, from the care for widows and orphans to the nursing of victims of the plague. When she was 27 her husband died. After a period of mourning she put on the habit of a Franciscan tertiary and distributed her fortune. After two years she entered a convent of Poor Clares in Orbe. There she spent the rest of her life in prayer and poverty. She died on July 24, 1503 and was beatified in 1839. "Farewell my beloved sisters, I am going into Paradise. It is beautiful there."



## Act of Spiritual Communion

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into  
my soul. Since I cannot at this  
moment receive You sacramentally,  
come at least spiritually into my  
heart. I embrace You as if You were  
already there and unite myself wholly  
to You. Never permit me to be  
separated from You. Amen.

## Peace Prayer of St. Francis



Lord, make me an  
instrument of your **peace**;  
where there is hatred,  
let me sow **love**;  
where there is injury, **pardon**;  
where there is doubt, **faith**;  
where there is despair, **hope**;  
where there is darkness, **light**;  
and where there is sadness, **joy**.

O Divine Master,  
grant that I may not  
so much seek  
to be consoled, as to **console**;  
to be understood, as to **understand**;  
to be loved, as to **love**;  
for it is in giving that we **receive**,  
it is in pardoning that we are **pardoned**,  
and it is in dying that we are  
**born to eternal life**.

Amen.

*While this prayer has always been attributed to St. Francis, the author is actually unknown. The prayer does wonderfully represent the spirit of St. Francis and the Franciscan Orders.*

## Weekly Readings

### Readings for the week of September 03

Sunday: Jer 20:7-9/Ps 63:2, 3-4, 5-6, 8-9 (2b)/Rom 12:1-2/Mt 16:21-27  
Monday: 1 Thes 4:13-18/Ps 96:1 and 3, 4-5, 11-12, 13/Lk 4:16-30  
Tuesday: 1 Thes 5:1-6, 9-11/Ps 27:1, 4, 13-14/Lk 4:31-37  
Wednesday: Col 1:1-8/Ps 52:10, 11/Lk 4:38-44  
Thursday: Col 1:9-14/Ps 98:2-3ab, 3cd-4, 5-6/Lk 5:1-11  
Friday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c/Mt 1:1-16, 18-23 or 1:18-23  
Saturday: Col 1:21-23/Ps 54:3-4, 6 and 8/Lk 6:1-5  
Next Sunday: Ez 33:7-9/Ps 95:1-2, 6-7, 8-9 (8)/Rom 13:8-10/  
Mt 18:15-20





## Taize Prayer moves to 6:00pm-7:00pm on Wednesdays

Starting this week (September 06), join us for Taize prayer ON **Wednesday evening from 6:00 p.m. to 7:00 p.m. in the church.**  
FOR THE SAFETY OF ALL, FACE MASKS ARE WELCOME BUT NOT REQUIRED.  
This will also be livestreamed at <https://bit.ly/37XEfK3>



## Seeking Volunteers for St. Francis of Assisi Parish Property Improvement Committee

The Catholic Diocese of Sacramento adheres to Canon Law. Canon Law states: "In the building and repair of churches, the principles and norms of the liturgy and of sacred art are to be observed, after the advice of experts has been taken into account." (Can.1216). Thus, St. Francis of Assisi Parish is **seeking volunteers to serve on a Parish Property Improvement Committee.**

The purpose of the St. Francis of Assisi Parish Property Improvement Committee is to assist Fr. Rey in the ongoing efforts to maintain and improve the parish and parish complex. Some responsibilities may include, but are not limited to; communication with Fr. Rey and the Parish Finance Council, communicating with contractors and governing agencies/bodies in relation to parish improvement or construction projects, obtaining construction bids for parish maintenance or improvement projects, and contributing to the general knowledge and understanding of compliance with local, state, federal, Sacramento historical society, diocesan and/or Canon Law mandates.

If you are interested in serving on a volunteer basis and/or want to know more about participating in parish improvement efforts, please contact a Parish Council member or email: [ParishCouncil@stfrancisparish.com](mailto:ParishCouncil@stfrancisparish.com).

Thank you for your interest!

## NEXT WEEK END

### Sept 9th & 10th - Evacuating the church in an emergency situation

At the conclusion of each Mass, John Brozek and Francine Freitas will deliver a short presentation on how to evacuate the church during an emergency situation. This informative review was originally presented in June of 2019.



## Summer Bottled Water Drive

*A chance to reach out and help our neighbors!*

Once again this year, your **Parish Pastoral Council** is leading a bottled water supply drive to benefit the efforts of **Loaves and Fishes** (<https://sacloaves.org>) which has long time ties to our parish.

During the hot summer months, **Loaves and Fishes** has a great need for water donations which they share with those they serve.

**Can you please donate cash or a case or two of bottled water?** If so, you can bring the water after any Mass (5:15, 7:30, 9:30) on August 26th & 27th, September 2nd & 3rd and 9th & 10th to Brunsman Hall in the Church parking lot.

**NEW!!** Or if you would prefer, you can also order bottled water from online stores and have it directly delivered to

Loaves and Fishes/ST FRANCIS  
1351 N. C Street  
Sacramento CA 95811

Thank you for responding generously to Jesus' parable, **"When I was thirsty, you gave me drink."**

Pathways for Justice  
*Solidarity*



**Mark Your Calendars!!!**  
**Sunday Oct 8 from 10:00-1:00**

**The St. Francis Parish Picnic, to honor our beloved St. Francis, will take place on Sunday, October 8th from 10:00-1:00 (new time).** This is a community building event - *not a fundraiser* - to share laughter, food, and games. At this time a planning group has been meeting via email and during one in-person meeting. Moving forward, we'll have weekly meetings but a lot of the planning will continue to take place via email.

**Be of Service!** Please, we always need more volunteers, from donating potluck dishes, bottled water, loaning us canopies/tents, being involved the day of the event with setting up, cleaning up, etc. **If you want to be included in the emails sent to the planning group, please send an email to Melba Hinojosa at [stepping2016stones@gmail.com](mailto:stepping2016stones@gmail.com) and she will add you to the list.** Ministry leaders, please think about how/if your groups would like to be involved. The planning group is working hard to involve the school community as well.

We'll continue to provide updates on how the picnic plans are progressing.

Solidarity is a key theme of Catholic Social Teaching (CST) that describes us as “one human family whatever our national, racial, ethnic, economic, and ideological differences. We are our brothers’ and sisters’ keepers.” CST, a subcommittee of the Pathways for Justice ministry at St. Francis, brings its quarterly program, this time on Solidarity, to the parish on **Thursday, September 7th at 7:00 p.m. in Brunsmann Hall and on Zoom.**

As the subject of immigration is frequently in the news and on our minds, the upcoming program will focus on the plight of migrants crossing the southern border and the organizations and volunteers in the Sacramento area helping them on their journey to safety.

Please register and tell us if you’ll join us in person or on Zoom at: [pathwaysforjustice@stfrancisparish.com](mailto:pathwaysforjustice@stfrancisparish.com)

**St. Francis Parish Center Offices:** 1066 26th Street, Sacramento, CA 95816 • Phone: 1-916.443.8084  
 Fax: 1-916.443.7356 • Website: [www.stfrancisparish.com](http://www.stfrancisparish.com) • Email: [info@stfrancisparish.com](mailto:info@stfrancisparish.com) Open M-F 9:00am-12:00pm  
**St. Francis Elementary:** 2500 K Street, Sacramento, CA 95816 • Phone: 1-916.442.5494 Website: [www.stfranciselem.org](http://www.stfranciselem.org)

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Finance Council Chair	Judy Miranda	<a href="mailto:FinanceCouncil@stfrancisparish.com">FinanceCouncil@stfrancisparish.com</a>	

# The 22nd Sunday in Ordinary Time

St. Francis of Assisi Parish  
September 2-3, 2023

We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world,  
And we bless you, because by your Holy Cross you have redeemed the world. Amen.

## **Gathering:**

### **Christ Before Us**

Janèt Sullivan Whitaker

Christ before us, Christ beside us, Christ to guide us all our days.  
He to carry all our sorrows, he to bear us perfect grace.  
Jesus, Savior, Friend and Brother, Intercessor, Son of God,  
save your people in your dying, and in rising, conquer death.

May we be for one another all that you would have us be.  
May we live your law of kindness, love, compassion, charity.  
May we climb your holy mountain; may we see your holy face!  
Visit now this humble dwelling; dwell within this holy place.

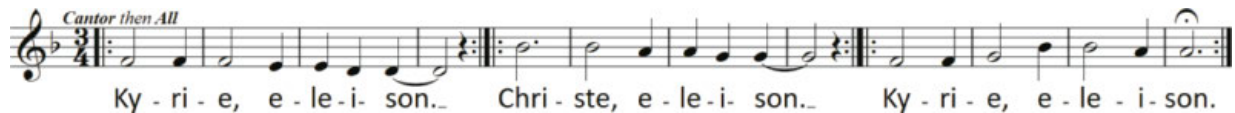
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## **Kyrie:**

### **Mass of Renewal**

Curtis Stephan

*Cantor then All*



Ky - ri - e, e - le - i - son... Chri - ste, e - le - i - son... Ky - ri - e, e - le - i - son.

## **Gloria:**

*Glory to God in the highest, and on earth peace to people of good will.*  
*We praise you, we bless you, we adore you, we glorify you,*  
*we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.*  
*Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father,*  
*you take away the sins of the world, have mercy on us;*  
*you take away the sins of the world, receive our prayer;*  
*you are seated at the right hand of the Father, have mercy, have mercy on us.*  
*For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ,*  
*with the Holy Spirit, in the glory of God the Father. Amen, amen.*

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## **Psalm:** Psalm 63: "My Soul is Thirsting..."

Steve Angrisano



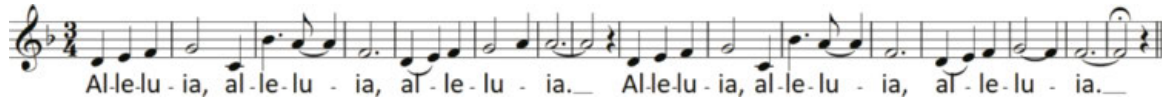
My soul is thirst-ing for you, O Lord, thirst - ing for you, my God.  
My soul is thirst - ing for you, O Lord, thirst -  
ing for you, my God, thirst - ing for you, my God.

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# The 22nd Sunday in Ordinary Time

## Gospel Acclamation:

Curtis Stephan



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## **APOSTLE'S CREED**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. AMEN+

## Preparation of Gifts:

### **All That is Hidden**

Bernadette Farrell

If you would follow me, follow where life will lead: do not look for me among the dead, for I am hidden in pain, risen in love; there is no harvest without sowing of grain.. **(Refrain)**



If you would honor me, honor the least of these: You will not find me dressed in finery. My Word cries out to be heard; breaks through the world: My Word is on your lips and lives in your heart. **(Refrain)**

If you would speak of me, live all your life in me: My ways are not the ways that you would choose; My thoughts are far beyond yours, as heaven from earth: If you believe in me my voice will be heard. **(Refrain)**

If you would rise with me, rise through your destiny: Do not refuse the death which brings you life, For as the grain in the earth must die for rebirth, So I have planted your life deep within mine. **(Refrain)**

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## Liturgy of the Eucharist:

### **Mass of Renewal**

Curtis Stephan

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.  
When we eat this bread and drink this cup, we proclaim your death, O Lord, until you come again.

Amen, Amen, Amen!

Lamb of God, you take away the sins of the world, have mercy, have mercy on us.  
Lamb of God, you take away the sins of the world, have mercy, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us, grant us peace.

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# The 22nd Sunday in Ordinary Time

## Communion:

### *As We Remember*

Rory Cooney

As we re-mem-ber, we are be-com-ing; what we see bro-ken,  
we hope to be. Show us your mer-cy, show us your  
mer-cy, your mer-cy, harsh and love-ly as the sea.

Windfall of waybread scattered on sand, lavished by love we cannot understand. **(Refrain)**

Passover Lamb, slain and consumed, that we be slaves not to tempter nor tomb. **(Refrain)**

Here are our hearts marked with blood of the lamb: death will pass over God's people again. **(Refrain)**

No one rejoices, or suffers alone; meal of the spirit brings many to one. **(Refrain)**

Each has been washed, each is anointed, servant and healer and prophet appointed. **(Refrain)**

Temple not built by muscle and bone: house of the heart that God's people call home. **(Refrain)**

Cup of forgiveness, bread of our peace; children, come home to a parent's embrace. **(Refrain)**

Feast of belonging, feast for the lost; banquet eternal where Christ is the host. **(Refrain)**

Christ in the meal to which we are called points toward the cross and beyond, into God. **(Refrain)**

Love of our Abba, Spirit of Christ, filling your own with the gift of your life. **(Refrain)**

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## Sending Forth:

### *Glory in the Cross*

Scott Soper

Glo-ry, we glo-ry in the cross of Christ! Glo-ry, we glo-ry in the cross of Christ!

Our freedom, our triumph **in the cross of Christ!**  
Our longing, our justice **in the cross of Christ! (Refrain)**

Our promise, our future **in the cross of Christ!**  
Our dying, our rising **in the cross of Christ! (Refrain)**

Our journey, our healing **in the cross of Christ!**  
Our downfall, our glory **in the cross of Christ! (Refrain)**

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Do you like to sing? **Come join the choir** as we prepare for Advent and Christmas!

Commitment is a Rehearsal on Tuesday evenings at 7:30pm  
and rehearsal one hour before 5:15pm Mass or 9:30pm Mass.

Contact John Iosefa at [johni@stfrancisparish.com](mailto:johni@stfrancisparish.com) for more details and come talk to us after Mass!

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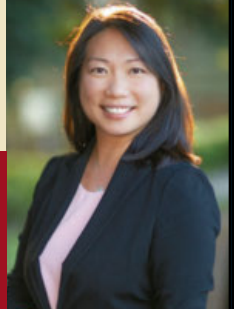
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