

Cherishing our Franciscan Tradition



ST. FRANCIS OF ASSISI PARISH

November 27, 2022 - The First Sunday of ADVENT



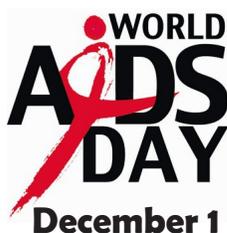
THE FIRST SUNDAY OF ADVENT

ST. FRANCIS OF ASSISI PARISH

Dec. 5 (Sat) -
First Saturday



Nov. 30 (Weds) -
St. Andrew, Apostle



Dec. 1 (Thurs) - World
AIDS Awareness Day



Dec. 2 (Fri) -
First Friday



Dec. 3 (Sat) - First Saturday; St. Francis Xavier

AN ADVENT PRAYER



GOD OF EXILES, REVEAL TO US THE PART OF OURSELVES IN EXILE, THE PART THAT IS WANDERING AND NEEDS TO COME HOME.

GOD OF EXILES, HEAR THE CRIES AND GROANING OF THE HOMELESS, THE ORPHANED, THE REFUGEES, AND THE IMPRISONED OF THE EARTH.

KEEP US CLOSELY UNITED TO THEM THROUGH OUR COMPASSION AND OUR ACTIONS. GRANT US VISION, COURAGE, AND THE STRENGTH TO STAND UP FOR THE VALUES OF THE GOSPEL.

GOD OF EXILES, KEEP CALLING US HOME. MAY THIS ADVENT SEASON BE A TIME OF COMING HOME TO THE BEST OF WHO WE ARE.
AMEN.

FROM "AN ADVENT PRAYER"
BY SR. JOYCE RUPP

DEC 01, 2022

"Catholic Social Teaching in Action"

Would you like to know more about how to put the seven principles of Catholic Social Teaching into action in your life now? Join us **Thursday evening, December 1st from 7-8:30 pm** for a presentation and discussion on Life and Dignity of the Human Person, the main principle upon which all the other Catholic Social Teachings rely.

Our focus for the evening will be on how to apply the spirit of this principle into something you can do now. Come learn how we can uphold the dignity of each person through local efforts, outreach, volunteerism, and in daily discussion. Learn what avenues are available for you to put your faith into action outside of the church doors.

This is part two of our series and will be held both in person in Brunsman Hall and on Zoom.

Let us know which you prefer when you register at:
pathwaysforjustice@stfrancisparish.com

WEEKLY READINGS

Sun: Is 2:1-5; Ps 122:1-9; Rom 13:11-14; Mt 24:37-44
Mon: Is 4:2-6; Ps 122:1-9; Mt 8:5-11
Tue: Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Lk 10:21-24
Wed: Rom 10:9-18; Ps 19:8-11; Mt 4:18-22
Thu: Is 26:1-6; Ps 118:1, 8-9, 19-21, 25-27a; Mt 7:21, 24-27
Fri: Is 29:17-24; Ps 27:1, 4, 13-14; Mt 9:27-31
Sat: Is 30:19-21, 23-26; Ps 147:1-6; Mt 9:35-10:1, 5a, 6-8
Sun: Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Rom 15:4-9; Mt 3:1-12

DEC 04, 2022

CALIFORNIA INTERNATIONAL MARATHON

The 39th Annual California International Marathon will be held Sunday, December 4th, 2022. The race begins in Folsom near the Folsom Dam and travels the same route as it has for thirty-plus years along Oak Avenue, Fair Oaks Blvd, and J Street, finishing at the Capitol. As in previous years, some intersections in the area of the church will be impacted on that morning. PLEASE SEE RUNCIM.ORG FOR MORE INFO!

DEC 11, 2022

Are you interested in our parish finances?

Want to know about budget details? Are you curious about how your stewardship offertory is budgeted, spent and saved? Do you have questions to ask the Finance Council?

You are invited to attend a finance discussion on **Sunday, Dec. 11th following the 9:30 Mass in the church.** The Sacramento Diocese audits parishes when there is a change of pastors. Now that our audit has been completed, Fr. Rey and members of the Finance Council will be present to talk with you about the 2022-23 budget and about hopes for maintaining our church and buildings, and will be listening to your wishes and concerns. Our church budget is based upon offertory donations, your donations. Come talk with several members of the St. Francis of Assisi Finance Council, the stewards of your offertory donations.



Volunteer help needed for gardening once or twice a month on Saturday mornings 7-9am. Please see Felipe around the church or Parish Center any Saturday.

DO YOU LIKE TO SING?



Come join the choir as we prepare for Advent and Christmas!

Commitment is a rehearsal on Tuesday evenings at 7:00pm and rehearsal one hour before 5:15pm or 9:30am Mass.

Contact John Iosefa at johni@stfrancisparish.com for more details, and come talk to us after Mass.

The Christmas Youth Choir Wants YOU!



We are looking for musical kids to sing for the Christmas Eve Family Mass at 4:00 p.m. on Sat. Dec. 24.

Our first rehearsal will be Sunday Dec. 4 at 8:45 - 9:25 a.m. in the Parish Center Chapel (across K St. from the church) and continuing each Sunday until Christmas.

Bring a 1" inch black binder to hold your music. Please contact Janet Stites janetstites@earthlink.net for more information or to sign up. Or just show up on Dec. 4 and join the fun!



**Franciscans
For Justice**



FROM BRO. MARK SCHROEDER, OFM

FranciscansForJustice.org | FACEBOOK: *Franciscans for Justice*

The prophet Isaiah reminds us in our First Reading:

'They shall beat their swords into plowshares and their spears into pruning hooks; one nation shall not raise the sword against another, nor shall they train for war again.'

From Sr. Helen Prejean, author of "**Dead Man Walking,**" who has been a hero in teaching us about nonviolence and social action:

'As for my faith... what has happened to eighteen-year-old me, who joined the convent in search of mystical union with God? The thirst for God is still there, it never goes away; I am haunted by God. No matter how exciting an achievement or sweetly satisfying a personal relationship or dazzling a new insight, there's always this thirst, this aching... for what? It drives me to prayer—or to distraction. But often, when prayer does rise, it's the words of St. Augustine that well up: "You have made us for yourself, O God, and our hearts are restless until they rest in you."'

'My spiritual practice looks something like this: Every day I set aside time to meditate; guided by the scripture readings of the liturgical year, I attend to happenings in my life and in the world. What's happening on the river? [These two paragraphs are from her memoir, "River of Fire."] Where is God moving? Who's suffering? How do I let them into my heart? What am I called to do? I've learned from women spiritual guides how to attend to my own soul: How am I? Tired? Sad? Anxious? Let me stop and breathe and listen. Time to rest, to simply be and let God, my Creator, gaze upon me. Time to put down the burdens, time to float on the river, time to play, time to dig into a hefty book, time to go to Grand Isle and walk the beach.'

What special treat are you going to give your Self this Advent?

Act of Spiritual Communion



My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive You into
my soul. Since I cannot at this
moment receive You sacramentally,
come at least spiritually into my
heart. I embrace You as if You were
already there and unite myself wholly
to You. Never permit me to be
separated from You. Amen.

PRAYER BEFORE THE CRUCIFIX



St. Francis prayed this prayer before the crucifix in the little church of San Damiano in 1205/1206 in the early days of his conversion.



Most High, glorious God,
enlighten the darkness of
my heart and give me true
faith, certain hope, and
perfect charity, sense and
knowledge, **L**ord, that
I may carry out Your holy
and true command.



Advent

*The Church ushers in a new liturgical year this weekend, the **First Sunday of Advent**. Advent is about waiting... waiting for the birth of Christ in Bethlehem, and waiting also for his Second Coming at the end of time. But the waiting is not passive. We stand watch so as not to be caught asleep. We wait in hope, knowing that there is more than the darkness, that even as we wait for Jesus, we know that He is with us.*

*The **Season of Advent** brings with it a different look. Liturgically, we make room for watchful anticipation.... the lighting of the Advent candles... an empty creche... praying for God's mercy in the Confiteor... putting away the Gloria to await its return at the first Mass of Christmas....*

*On the **Third Sunday of Advent**, we participate in the tradition of recent Popes, bringing the baby Jesus figures from our home nativity scenes for a blessing.*



ADVENT PRAYER BY ST. FRANCIS ABOUT MARY

From an blog posting by Daniel P. Horan, OFM

I want to share a prayer written by St. Francis of Assisi that is likely to be new to many people out there. An undated work, this prayer is a reflection Francis wrote in honor of Mary and is unique in many ways. For example, in the first stanza of the prayer, Francis refers to Mary as the “Virgin made Church,” a title that is original to Francis. His theological insight here is that Mary is the first to “house Christ,” the first to be — in a sense, quite literally — part of the Body of Christ. Likewise, the Church — the Body of Christ, which is all the baptized — is called to house Christ today.

For Francis, Mary is indeed the model of what it means to be a Christian, bearing the Word internally and bringing to birth Christ each and every day. As Mother Teresa is remembered to have said, “Christ has no hands or feet but yours.” As the Body of Christ, as the faithful joyfully awaiting the coming of the Lord, we are called — by the Holy Spirit and like Mary — to bring Christ to birth in our world.

A SALUTATION OF THE BLESSED VIRGIN MARY

**Hail, O Lady, Holy Queen, Mary, holy Mother of God,
Who are the Virgin made Church, chosen by the most Holy Father in heaven
whom he consecrated with His most holy beloved Son and with the Holy Spirit the Paraclete,
in whom there was and is all fullness of grace and every good.
Hail His Palace! Hail His Tabernacle! Hail His Dwelling! Hail His Robe! Hail His Servant! Hail His Mother!
And hail all You holy virtues which are poured into the hearts of the faithful
through the grace and enlightenment of the Holy Spirit, that from being unbelievers,
You may make them faithful to God.
Amen.**

The 1st Sunday of Advent

St. Francis of Assisi Parish
November 26-27, 2022

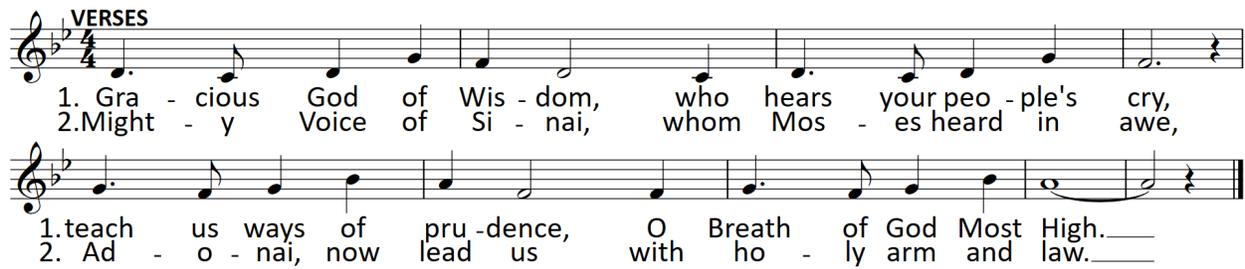
We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world,
And we bless you, because by your Holy Cross you have redeemed the world. Amen.

Gathering:

Maranatha, Lord Messiah

Kathy Powell

VERSES



1. Gra - cious God of Wis - dom, who hears your peo - ple's cry,
2. Might - y Voice of Si - nai, whom Mos - es heard in awe,
1. teach us ways of pru - dence, O Breath of God Most High.____
2. Ad - o - nai, now lead us with ho - ly arm and law.____

REFRAIN



Ma-ra - na - tha, Lord Mes - si - ah, long a - wait - ed from a - far. Come and
make your home a - mong us. Let us see your birth - ing star.

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Psalm: Psalm 122: "Let Us Go Rejoicing..."

Bob Hurd



Let us go re - joic - ing,____ re - joic - ing____ to the house of the
Lord. Let us go re - joic - ing____ to the house of the Lord.

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Gospel Acclamation:

Chris de Silva



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.____
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.____

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The 1st Sunday of Advent

APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.
AMEN+

Preparation of Gifts:

There Is a Longing

Anne Quigley

REFRAIN



There is a long-ing in our hearts, O God, for you to re-veal your-self to us.—
There is a long-ing in our hearts for love we on - ly find in you, our God.

For justice, for freedom, for mercy: hear our prayer.
In sorrow, in grief: be near, hear our prayer, O God. **(Refrain)**

For wisdom, for courage, for comfort: hear our prayer.
In weakness, in fear: be near, hear our prayer, O God. **(Refrain)**

For healing, for wholeness, for new life: hear our prayer.
In sickness, in death: be near, hear our prayer, O God. **(Refrain)**

God save us, take pity, light in our darkness.
We call you, we wait: be near, hear our prayer, O God. **(Refrain)**

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Liturgy of the Eucharist

Mass from Age to Age

Chris de Silva

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full, full of your glory.
Hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

We proclaim your Death, O Lord,
and profess your Resurrection until you come again.

Amen, amen, amen. Amen, amen, amen.

Lamb of God, you take away the sins of the world, have mercy on us, Lamb of God.
Lamb of God, you take away the sins of the world, have mercy on us, Lamb of God
Lamb of God, you take away the sins of the world, grant us peace, grant us peace, grant us peace.

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The 1st Sunday of Advent

Communion:

O Taste and See

Marty Haugen

REFRAIN



Come to the ta - ble of life ev - er - last - ing, take this bread and be God's pres - ence.
Come to the ta - ble of hope for all peo ple, take this cup and live in the love of God.

Gift of love and peace, present in this feast:
we wait for you, the child of our dreams,
come fill our hearts with joy! **(Refrain)**

Come, Emmanuel, feed our hungry hearts
with bread of new life, and wine of new peace,
nourish us with love. **(Refrain)**

God among us here, you call us ever near,
to share in your feast of love and peace,
your gift to all the earth. **(Refrain)**

Our souls in stillness wait the coming of your Son
whose body and blood we share in your love.
Come, Lord Jesus, come! **(Refrain)**

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Sending Forth:

Bring Forth the Kingdom

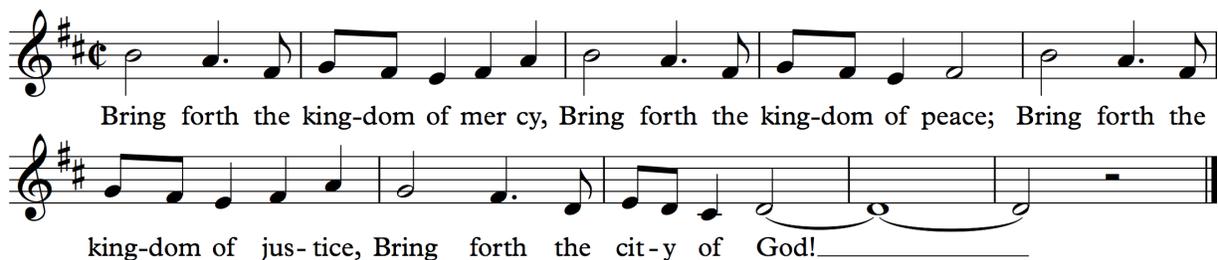
Marty Haugen

Cantor/Choir: You are salt for the earth, O people:

All: Salt for the kingdom of God!

Cantor/Choir: Share the flavor of life, O people:

All: Life in the kingdom of God! (Refrain)



Bring forth the king - dom of mer cy, Bring forth the king - dom of peace; Bring forth the
king - dom of jus - tice, Bring forth the cit - y of God!

Cantor/Choir: You are a light on the hill, O people:

All: Light for the city of God!

Cantor/Choir: Shine so holy and bright, O people:

All: Shine for the kingdom of God! (Refrain)

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