

NURTURING OUR FRANCISCAN TRADITION



ST. FRANCIS OF ASSISI PARISH

MARCH 27, 2022 - THE FOURTH SUNDAY OF LENT



My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found.”
- Luke 15:32

Year C: Bartolomé Esteban Murillo: The Return of the Prodigal Son (circa 1667-70). Public Domain



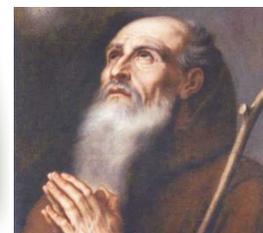
March 27 -
The Fourth Sunday of Lent



April 01 -
April Fool's Day, First Friday, Abstinence



April 02 -
First Saturday, St. Francis of Paola





FROM THE PASTOR'S DESK

We have reached the midway point in our Lenten Journey; Easter is just three weeks away. Prior to the changes introduced after the Second Vatican Council, this Sunday was referred to as Laetare (Rejoice) Sunday. It was seen as a respite Sunday from the rigors of Lent. The Opening Prayer of the Mass mentions hastening toward Easter, the cause of our joy. We will celebrate the second of our Scrutinies for the Elect at the 9.30.Mass today. The Scrutinies ask our candidates to reflect on their reasons for requesting baptism. The Gospel Reading at the Scrutinies is the story of Jesus' healing of the man born blind. This healing should remind us to watch out for those areas of our life that prevent us from fully living out the call of the Gospels.

The story of the Prodigal Son in today's Gospel is probably the favorite Gospel story. We highlight the son in the title of this parable, yet it derives its power from the unconditional love that the father gives the son when he returns home. The son had been willful and headstrong, but not really evil. He is greedy for his share of the family wealth and wants his own way. He is stubborn and imprudent and careless; if we are honest with ourselves we can see that we share many of those traits. Jesus redeems his actions somewhat by emphasizing his tortured inner dialog on how to approach his father. The father does not let him state his remorse; he short circuits this by immediately accepting his son's return home and celebrates his son's return, not his faults or sins. Through this unconditional acceptance, the father gives us an example of the unconditional forgiveness of God. The older brother, in contrast, finds it difficult to accept the father's freely given love to both his brother and himself. Through this story Jesus tells us that true humility is necessary in order for us to live in harmony with God.

Like the younger brother, we are all sinners and undeserving of forgiveness-- but God grants it anyway; and like the older brother we need to cultivate an atmosphere of forgiveness rather than judgment. It is through our recognition of our mutual need for forgiveness and reconciliation that we find our strength in the service of God.

With regard to the pandemic, it appears that we are moving rapidly to a "Living with the Disease Phase." However, due to the rapacious nature of the infection, caution is still advised. Time will be the ultimate judge. This explains our continued observance of protective measures. This approach will be reviewed in light of experience and will be influenced by local, state and national developments.

The situation in Ukraine is truly devastating. The western world has not experienced anything like this since World War II. Please keep the people of Ukraine and the intention of peace in your prayers at this time. The Russian people are worthy of prayer as well, they are the subject of disinformation and deliberate propaganda with regard to the true nature of this war.

We observe Lent in order to prepare ourselves to worthily celebrate the Saving Mysteries of the Lord's Death and Resurrection. The world has never been in more need of Resurrection, we can derive comfort from the fact that the Lord is with us in these dark times.

"Your brother was dead and has come to life again."
Luke 15:32.

- Fr. Des.



Act of Spiritual Communion

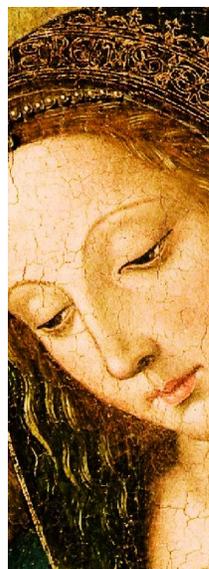
My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive You into
my soul. Since I cannot at this
moment receive You sacramentally,
come at least spiritually into my
heart. I embrace You as if You were
already there and unite myself wholly
to You. Never permit me to be
separated from You. Amen.

PRAYER BEFORE THE CRUCIFIX



St. Francis prayed this prayer before the crucifix in the little church of San Damiano in 1205/1206 in the early days of his conversion.

Most High, glorious God,
enlighten the darkness of
my heart and give me true
faith, certain hope, and
perfect charity, sense and
knowledge, **L**ord, that
I may carry out Your holy
and true command.



The Memorare Prayer

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided.

Inspired with this confidence, I fly unto you, O Virgin of Virgins, my Mother. To you I come, before you I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.
Amen.

CHRISTIANS MUST LEAN ON THE CROSS OF CHRIST JUST AS TRAVELERS LEAN ON A STAFF WHEN THEY BEGIN A LONG JOURNEY. THEY MUST HAVE THE PASSION OF CHRIST DEEPLY EMBEDDED IN THEIR MINDS AND HEARTS, BECAUSE ONLY FROM IT CAN THEY DERIVE PEACE, GRACE, AND TRUTH.

SAINT ANTHONY OF PADUA



TAIZE LENTEN PRAYER SERVICE LIVESTREAMED

Each Wed during Lent at 6pm
via YouTube, at <https://bit.ly/37XEfK3>
Join us on YouTube.



STATIONS OF THE CROSS-STATIONS OF STRENGTH

Each Weds at 7pm following Taize,
Fridays at 3:00pm during Lent. Livestreamed only
via YouTube, at <https://bit.ly/37XEfK3>
Join us on YouTube.

The Franciscans have been closely identified with this devotion since 1342, when the Franciscan friars were given custody of the holy sites in the Holy Land.



Franciscus
FROM THE MESSAGE OF THE HOLY FATHER FRANCIS FOR LENT 2022 (PT 2)

1. Sowing and reaping -

In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. Mt 13). Saint Paul speaks to us of a *kairós*: an opportune time for sowing goodness in view of a future harvest. What is this “opportune time” for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image. All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because of the abundant grain and goods he had stored in his barns (cf. Lk 12:16-21). Lent invites us to conversion, to a change in mindset, so that life’s truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness.

(continues next week, or see <https://bit.ly/3w4rX06>)

FASTING AND ABSTINENCE



Abstinence from Meat is observed on Ash Wednesday, Good Friday, and all of the Fridays of Lent by all Catholics 14 years and older.

Fasting is observed on Ash Wednesday and Good Friday by all Catholics 18 to 59 years old. The traditional norm for fasting is to eat only one full meal. Smaller meals throughout the day, if all added up, should not be more than one full meal.

A MOMENT WITH



IL POVERELLO FOR LENT

Brother Leo in great amazement asked him: “Father, I beg you in God’s name to tell me where perfect joy is.” St. Francis replied; “When we come to St. Mary of the Angels, soaked by the rain and frozen by the cold, all soiled with mud and suffering from hunger, and we ring at the gate of the Place and the brother porter comes and says angrily: ‘Who are you?’ And we say: ‘We are two of your brothers.’ And he contradicts us, saying: ‘Go away!’ if we reflect humbly and charitably that the porter really knows us and that God makes him speak against us, oh, Brother Leo, write that perfect joy is there!”

- The Little Flowers of Saint Francis, translated by Thomas Okey

St Francis of Assisi Parish and Elementary School Lenten Food Drive

The **St Francis of Assisi Parish and Elementary School** are coordinating a food donation drive at all Masses during Lent (March 5 & 6, 11 & 12, 19 & 20, 27, April 2 & 3, and 9 & 10).

Donations will be given to the **Central Downtown Food Basket** which began its mission to feed the elderly and low-income in 1983. Today, the CDFB feeds over 3,700 households in the greater Sacramento area www.cdfb.org.

- | | |
|------------------|--|
| Suggested Items: | Personal-Size Toiletries: Toothpaste, Toothbrushes, Hand Sanitizer, Deodorant, Soap, Lotion, Shampoo
Canned Goods: Beans, Tuna, Vegetables, Peanut Butter, Fruit
Dried Goods: Pasta, Beans, Rice, Macaroni and Cheese, Cup of Noodles, Cereal, Soft Breakfast Bars, Oatmeal |
|------------------|--|

Parish Pastoral Council and Finance Council volunteers will be ready after each of the weekend Masses. Thank you for your generosity! Questions? Call or text Melba Hinojosa if you would like to help collect the donations after Masses or if you have other questions: 916-997-3319.

St. Francis Homecoming Gala 2022



Make your reservation for our 2022 GALA ...
 \$65.00 early bird discount through 6/30/22,
 then \$75.00 starting July 1.

The reservation form is at <https://bit.ly/3C7bAzC>

Our second Donation Days weekend will be:
 April 2 – 4:30 to 6:30 p.m.
 April 3 – 8:00 to 11:00 a.m.

(under the tent in the church/school parking lot)

St. Francis Homecoming Gala 2022
August 27, 2022
at the Hilton on Arden West

YOUR FINANCIAL SUPPORT

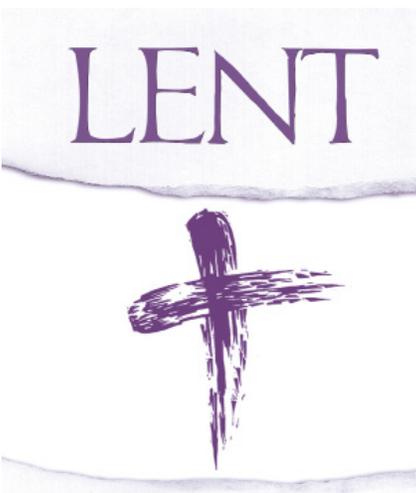
FEBRUARY 2022

Stewardship	\$ 32,139.59
Assistance to the Needy	\$ 2,598.00
Building Fund	\$ 1,666.00

Thank you for your generosity!



**To sign up for Online Giving go to
<https://osvhub.com/st-francis-of-assisi-parish-1/funds>*



WALKING TOGETHER PRAYERFULLY AS A COMMUNITY DURING LENT.

Merciful God, you called us forth from the dust of the earth;
 you claimed us for Christ in the waters of Baptism.

Look upon us as we enter these Forty Days bearing the mark of ashes,
 and bless our journey through the desert of Lent to the font of rebirth.

May our fasting be hunger for justice; our alms, a making of peace;
 our prayer, the chant of humble and grateful hearts.

All that we do and pray is in the name of Jesus,
 for in his Cross you proclaim your love forever and ever. Amen.

THE FOURTH SUNDAY OF LENT



St. Francis of Assisi Parish
March 26-27, 2022

Gathering:

Lenten Entrance Rite

Paul French, Alan Hommerding



Cantor, Then All

Re - joice, Je - ru - sa - lem! Re - joice, all you who mourn.
Scrutiny Mass (9:30) How can I be a - fraid? God is my sav - ing light.



1. When we re - pent, you run to us, for - giv - ing arms flung wide; You
(9:30) 1. We sit be - side the road and plead, "Come save us, Dav - id's son!" now
2. Through fast - ing, prayer, and char - i - ty Your voice speaks deep with - in, Re -



cel - e - brate when we re - turn, and come home to your side. ____
with your vis - ion heal our eyes, The world's true Light a - lone. ____
turn - ing us to ways of truth And turn - ing us from sin. ____

Text of Greeting and Penitential Act from the English translation of *The Roman Missal* © 2010, ICEL. All rights reserved.
Text of Introit and Hymn copyright © 1994, 2011; music and arrangement copyright © 2011, World Library Publications.
Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Penitential Rite:

Mass of Remembrance

Marty Haugen



1. Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son. ____
2. Chri - ste, e - le - i - son. Chri - ste, e - le - i - son. Chri - ste, e - le - i - son. ____
3. Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son. Ky - ri - e, e - le - i - son. ____

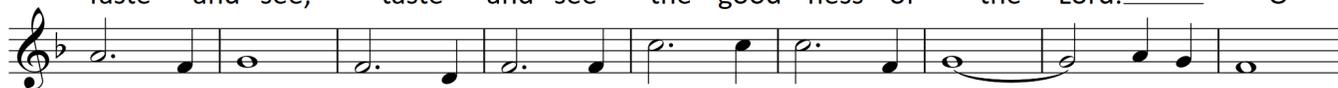
Music © 1987, 2010, Marty Haugen. Published by GIA Publications, Inc. All rights reserved. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Psalm: Psalm 34: "Taste and See"

James E. Moore, Jr.



Taste and see, taste and see the good - ness of the Lord. ____ O



taste and see, taste and see the good - ness of the Lord, ____ of the Lord.

Copyright © 1983 James E. Moore, Jr. Published by GIA Publications. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved

Scrutiny Psalm (9:30): Psalm 23: "The Lord is My Shepherd"

Marty Haugen



Shep - herd me, O God, be - yond my wants, beyond my fears, from death in - to life. ____

Copyright © 1986 Marty Haugen. Published by GIA Publications, Inc. All rights reserved. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved

THE FOURTH SUNDAY OF LENT



Lenten Gospel Acclamation:

Curtis Stephen

Glo - ry to you, O Word of God, Lord Je - sus Christ!____
Glo - ry to you, O Word of God, Lord Je - sus Christ!____

Copyright ©2009, Curtis Stephen. Published by OCP Publications. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved

APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. AMEN+

Prayers of the Faithful:

Bob Hura

O God, hear us; hear our prayer.____

© 1984 Bob Hurd, OCP Publications. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Dismissal of Catechumens:

Blessing of St. Clare

Cathy Tisel Nelson

May you always be with God wherever you may be and may God be with you always.

Blessing of St. Clare, Copyright ©1993, Cathy Tisel Nelson. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Preparation of Gifts:

Hosea

Gregory Norbet

Come back to me with all your heart.
Don't let fear keep us apart.
Trees do bend, 'though straight and tall;
so must we to others' call.

REFRAIN
Long have I wait-ed for your com - ing home to me and liv - ing deep - ly our new life.

The wilderness will lead you
to your heart where I will speak.
Integrity and justice,
With tenderness, you shall know. **(Refrain)**

You shall sleep secure with peace;
faithfulness will be your joy. **(Refrain)**

© 1972, 1980, Gregory Norbet, The Benedictine Foundation of the State of Vermont, Inc. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

THE FOURTH SUNDAY OF LENT



Liturgy of the Eucharist:

Mass of Remembrance

Marty Haugen

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Amen, Amen, Amen, Amen!

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace, grant us peace.

Music © 1987, 2010 Marty Haugen. GIA Publications, Inc. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Communion:

Spirit and Grace

Ricky Manalo, CSP

1. Spirit and grace, here in this meal; you are the wind that breathes through the field.
Gather the wheat and form us in Christ. Come, be our source and breath of life.

REFRAIN

In the bread, blessed, bro-ken and shared, Christ is our life, whose pres-ence we
bear, Come, O Spir - it, make your grace re - vealed in this ho - ly meal.

2. Spirit and grace, here in this meal; you are the life that flows through the vine.
Gather this drink and form us in Christ. Come, be our source and blood of life. **(Refrain)**

3. Spirit and grace, here in this place; you are the light that shines in this space.
Gather your people and form us in Christ. Come, be the heartbeat of our lives. **(Refrain)**

4. Spirit of God, sending us forth; we spread your wisdom throughout all the earth.
Gather the nations and form us in Christ. Come, be the presence in our lives. **(Refrain)**

© 2006, Ricky Manalo, CSP. Published by OCP. All rights reserved. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Sending Forth:

Lead Me, Guide Me

Doris M. Akers

REFRAIN

Lead me, guide me, a-long the way, for if you lead me, I can-not stray.
Lord, let me walk each day with thee. Lead me, O God, lead me.

I am weak and I need your strength and power to help me over my weakest hour.
Help me through your darkness your face to see. Lead me, O God, lead me. **(Refrain)**

I am lost if you take your hand from me, I am blind without thy Light to see.

Lord, just always let me thy servant be. Lead me, O Lord, lead me. **(Refrain)**

Copyright ©1953, 2011, Doris M. Akers, Chappell & Co. Inc.. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Tres Hermanas
Mexican Food



After Church Enjoy our
Breakfast, Lunch or Dinner
Open 7 Days a Week
2416 K Street
Sacramento
(916) 443-6919

Funeral • Mortuary • Cremation • Cemetery

ST. MARY CEMETERY & FUNERAL CENTER
FD2263
916-452-4831

Working alongside your parish
to serve Catholic families.



Grow Your Business, Advertise Here.
Support Your Church & Bulletin.
Free professional ad design & my help!

email: RushT@jspaluch.com www.jspaluch.com

Call Traci Rush
925.239.1401



catholicmatch®
California



CatholicMatch.com/myCA

Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America
Take your FAITH ON A JOURNEY.
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

Please Cut Out This "Thank You Ad"
and Present It The Next Time You
Patronize One of Our Advertisers

Thank You

Thank you for advertising in
our church bulletin.
I am patronizing your business
because of it!

catholicmatch®
California



CatholicMatch.com/myCA

If You Live Alone You Need MDMedAlert!

✓ Ambulance 24 Hour Protection at HOME and AWAY!
✓ Police FREE Shipping Solutions as Low as
✓ Fire FREE Activation \$19.95 a month
✓ Friends/Family NO Long Term Contracts

CALL NOW! 800.809.3352 GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA

This Button SAVES Lives!
As Shown GPS, Lowest Price Guaranteed!

"I have peace of mind... Mom remains independent."
MDMedAlert
Safe-Guarding America's Seniors Nationwide!

ONE PARISH

Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!

Download Our Free App or Visit
www.MY.ONEPARISH.com



Mercy McMahon Terrace

Caring For Our Seniors
During Challenging Times
3865 J Street, Sacramento
916.733.6510
RCFE #340312763
www.mercymcmahonterrace.org



CAPITAL PEDIATRIC DENTISTRY

David J. Crippen, DDS, Inc.
920 29th Street
Sacramento, CA 95816
Phone: (916) 476-3972
www.capitalpd.com



Laura Jensen Siddique
Financial and Insurance Services
CA Ins. Lic. # 0781962
New York Life Insurance Company
Licensed Agent
3325 J Street, Sacramento, CA 95816
Tel. 916 457-6747 Fax 916 457-2506
ljsiddique@it.newyorklife.com Se habla Español



PUCCI'S PHARMACY

SACRAMENTO'S MIDTOWN PRESCRIPTION CENTER •
2821 J STREET
SACRAMENTO, CA 95816
www.puccirx.com **LEADER?**
(916) 442-5891 FAX (916) 442-4432

CLARKSBURG WINE COMPANY

Fifteen Minutes from Downtown
at the Old Sugar Mill

35265 Willow Avenue
Clarksburg, CA 95612
916-744-1345

Present this ad for a
complimentary wine
tasting for 4 (a \$20 value)

Open Daily 11-5
clarksburgwineco.com



FINDaPARISH.com

The Most Complete
Online National
Directory of
Catholic Parishes

Check It Out Today!

Get this weekly bulletin delivered by email - for FREE!

Sign up here:
www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.




CLARKSBURG WINE COMPANY

Fifteen Minutes from Downtown
at the Old Sugar Mill

35265 Willow Avenue
Clarksburg, CA 95612
916-744-1345

Present this ad for a
complimentary wine
tasting for 4 (a \$20 value)

Open Daily 11-5
clarksburgwineco.com

See Your Ad in COLOR

Call J.S. Paluch Today!
1.800.231.0805



Get this weekly bulletin delivered by email - for FREE!

Sign up here:
www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.

