

Nurturing our Franciscan Tradition



ST. FRANCIS OF ASSISI PARISH

MARCH 24, 2024 - PALM SUNDAY



THEN THEY CAME TO A PLACE NAMED GETHSEMANE,
AND HE SAID TO HIS DISCIPLES,
"SIT HERE WHILE I PRAY."

HE TOOK WITH HIM PETER, JAMES, AND JOHN,
AND BEGAN TO BE TROUBLED AND DISTRESSED.

MARK 14: 32-33

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Weekly Readings

Readings for the week of March 24, 2024:

Sunday: Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/Phil 2:6-11/Mk 14:1—15:47 or 15:1-39
Mon: Is 42:1-7/Ps 27:1, 2, 3, 13-14/Jn 12:1-11
Tue: Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17/
Jn 13:21-33, 36-38
Wed: Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34/Mt 26:14-25
Thu: Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18
(see 1 Cor 10:16)/1 Cor 11:23-26/Jn 13:1-15
Fri: Is 52:13—53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25
(Lk 23:46)/ Heb 4:14-16; 5:7-9/Jn 18:1—19:42
Sat, Easter Vigil: Gn 1:1—2:2 or 1:1, 26-31a
Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 (30) or
Ps 33:4-5, 6-7, 12-13, 20-22 (5b)
Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18
Ps 16:5, 8, 9-10, 11 (1)/Ex 14:15—15:1
Ex 15:1-2, 3-4, 5-6, 17-18 (1b)/Is 54:5-14
Ps 30:2, 4, 5-6, 11-12, 13 (2a)/Is 55:1-11/Is 12:2-3, 4, 5-6 (3)
Bar 3:9-15, 32—4:4
Ps 19:8, 9, 10, 11 (Jn 6:68c)
Ez 36:16-17a, 18-28
Ps 42:3, 5; 43:3, 4 (42:2)
Rom 6:3-11/Mk 16:1-7
Next Sunday: Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 (24)/
Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7

YOUR FINANCIAL SUPPORT

The Finance Council is providing a regular look at contributions.

MONTH OF FEBRUARY 2024

Stewardship	\$ 39,139
(Stewardship budget for the month)	\$ 40,221
Building Fund	\$ 1,835
Assistance to the Needy	\$ 254

Thank you for your generosity!



*To sign up for Online Giving go to bit.ly/3LHHg76

Act of Spiritual Communion



My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive You into
my soul. Since I cannot at this
moment receive You sacramentally,
come at least spiritually into my
heart. I embrace You as if You were
already there and unite myself wholly
to You. Never permit me to be
separated from You. Amen.

Prayer Before the Crucifix



*St. Francis prayed this prayer
before the crucifix in the little
church of San Damiano in
1205/1206, in the early
days of his conversion:*

*Most High, glorious God,
enlighten the darkness of
my heart and give me true
faith, certain hope, and
perfect charity, sense and
knowledge, Lord, that
I may carry out Your holy
and true command.*

Amen

PALM SUNDAY AND

Holy Week Schedule

March 23/24 – Palm Sunday:
5:15pm Saturday,
7:30am and 9:30am Sunday

Wednesday, March 27 - Taize
6:00pm in the Church and
livestreamed

Thursday, March 28:
**Holy Thursday, Mass of the
Lord's Supper**
7:00pm, followed by
Eucharistic Adoration in the
Reconciliation Room.

Friday, March 29: Good Friday,
Service of the Lord's Passion with
Adoration of the Cross
12:10pm followed by Stations of the Cross

Saturday, March 30, Easter Vigil
8:30pm. Starting at the front door
to Brunsman Hall and process into
the church. No 5:15 Mass or scheduled
Confessions on Holy Saturday.

Sunday, March 31, Easter
7:30am and 9:30am

**PALM SUNDAY AND HOLY WEEK will be
livestreamed - <https://bit.ly/37XWfK3>**

... **B**UT IN THE
HOLY LOVE
THAT IS
GOD,

I BEG ALL MY BROTHERS
AS THEY OVERCOME EVERY
OBSTACLE AND PUT ASIDE
EVERY CARE AND ANXIETY,
TO STRIVE AS BEST THEY CAN
TO SERVE, LOVE, HONOR AND
ADORE THE LORD GOD WITH
A CLEAN HEART AND PURE
MIND, FOR THIS IS WHAT HE
DESIRES ABOVE ALL THINGS.

ST. FRANCIS OF ASSISI



FASTING AND ABSTINENCE

Abstinence from Meat is observed on Ash Wednesday, Good Friday, and all of the Fridays of Lent by all Catholics 14 years and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics 18 to 59 years old.

A
MOMENT
WITH



ST. CLARE
FOR LENT

If you suffer with Him, you shall reign with Him,
if you weep with Him, you shall rejoice with Him,
if you die with Him on the cross of tribulation, you shall
possess heavenly mansions in the splendor... and in the
Book of Life your name shall be called glorious among
men.

- St. Clare of Assisi, *The Second Letter to the
Blessed Agnes of Prague* (1235/1236)



Join with Fr. Rey on Good Friday
following Mass at 12:10

*The Franciscans have been closely identified with this
devotion since 1342, when the Franciscan friars were given
custody of the holy sites in the Holy Land.*



Message of His Holiness for Lent 2024

Through the Desert God Leads us to Freedom

Dear brothers and sisters!

When our God reveals himself, his message is always one of freedom: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery" (Ex 20:2). These are the first words of the Decalogue given to Moses on Mount Sinai. Those who heard them were quite familiar with the exodus of which God spoke: the experience of their bondage still weighed heavily upon them. In the desert, they received the "Ten Words" as a thoroughfare to freedom. We call them "commandments", in order to emphasize the strength of the love by which God shapes his people. The call to freedom is a demanding one. It is not answered straight-away; it has to mature as part of a journey. Just as Israel in the desert still clung to Egypt – often longing for the past and grumbling against the Lord and Moses – today too, God's people can cling to an oppressive bondage that it is called to leave behind. We realize how true this is at those moments when we feel hopeless, wandering through life like a desert and lacking a promised land as our destination. Lent is the season of grace in which the desert can become once more – in the words of the prophet Hosea – the place of our first love (cf. Hos 2:16-17). God shapes his people, he enables us to leave our slavery behind and experience a Passover from death to life. Like a bridegroom, the Lord draws us once more to himself, whispering words of love to our hearts.

Entire article available online at <https://bit.ly/3PkSPlm>



Iftar Dinner at Salam Center Mosque, April 07, 2024

4545 College Oak Drive,
Sacramento
Sunday, April 07, 2024



IN THE YEAR 1219 ST. FRANCIS OF ASSISI went to Egypt to visit the Sultan, Malik-al-Kamil. In April of 2017 Pope Francis also visited Egypt, urging Christians and Muslims to walk together not as enemies but as **"fellow travelers."**

Following their examples of interfaith understanding, the **Pathways for Justice Ministry** invites parishioners to join them in serving an Iftar meal for our local Muslim sisters and brothers. Iftar is the meal of fast-breaking at sundown during the holy days of Ramadan (March 10-April 9).

For more information, to make a donation to defray costs, or volunteer serving in this act of inter-religious fellowship with Muslim families, please email pathwaysforjustice@stfrancisparish.com.

Iftar is the evening meal with which Muslims end their daily Ramadan fast. Muslims break their fast at the time of the call to prayer for the evening prayer. This is their second meal of the day; the daily fast during Ramadan begins immediately after the pre-dawn meal and continues during the daylight hours, ending with sunset with the evening meal of Iftar. (Wikipedia)

A St. Francis Parish Easter Celebration
Easter Sunday, March 31, 2024
Please join St. Francis families and friends
for **"Coffee and Goodies"** between
8:30am-9:30am on the front church steps.
"Rejoice! He Has Risen"



FRANCISFEST April 28, 2024



St. Francis of Assisi Parish is hosting our second annual **FrancisFest on Sunday, on April 28.** The festival starts at 8:00 a.m. and runs continuously until around 1:00 p.m.

Admission is FREE.

Everyone should come who loves food, fun and fellowship including a gigantic yard, book and plant sale, silent auction, kids activities, fresh baked goodies and a cookout with hamburgers, hot dogs and veggie burgers. Wash them down with soda, bottled water and sangria. The location is in the playground area behind the church. Come early and get the best "treasures" at the sale! Bid high and bid often on the silent auction items. Have lunch with friends! All proceeds benefit the church.

Safeway has generously volunteered to be onsite furnishing many vaccines like the latest COVID booster, RSV, pneumonia and shingles. Preregistration is appreciated! Be sure to bring your health insurance card. Most vaccines are covered. Plus, you'll get a 10% off coupon for your next visit to Safeway with every vaccine.

Don't miss this once-a-year opportunity for food, fun and camaraderie. Tell your family and friends.

All are welcome!

St. Francis Parish Center Offices: 1066 26th Street, Sacramento, CA 95816 • Phone: 1-916.443.8084

Fax: 1-916.443.7356 • Website: www.stfrancisparish.com • Email: info@stfrancisparish.com Open M-F 9:00am-12:00pm

St. Francis Elementary: 2500 K Street, Sacramento, CA 95816 • Phone: 1-916.442.5494 Website: www.stfranciselem.org

Pastor	Rev. Rey Bersabal	rbersabal@stfrancisparish.com	x115
Principal	Ivan Hrga	Principal@stfranciselem.org	1-916-442-5494
Director of Music	John Iosefa	JohnI@stfrancisparish.com	x103
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Parish Pastoral Council Chair	Darrin Greer	ParishCouncil@stfrancisparish.com	
Finance Council Chair	tbd	FinanceCouncil@stfrancisparish.com	

PALM SUNDAY

St. Francis of Assisi Parish
March 22-23, 2024

We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world,
And we bless you, because by your Holy Cross you have redeemed the world. Amen.

Procession:

Palm Sunday Processional

Rory Cooney

VERSE (Cantor) **ALL**
Sing ho-san-na to the cho-sen one!

REFRAIN
Sing ho-san-na, sing ho-san-na, sing ho-san-na to the cho-sen one!

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Psalm: Psalm 22: "My God, My God..."

Cathy McDonald

Introductory Response:

E - li E - li la - ma sa - bach - ta - ni.

E - li E - li la - ma sa - bach - ta - ni.

Verse, Response

My God, my God. My God, my God. Why have you for - sak - en me? My_

God, my God. My God, my God. Why have you for - sak - en me?

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Lenten Gospel Acclamation:

Curtis Stephen

Glo-ry to you, O Word of God, Lord Je - sus Christ!_

Glo-ry to you, O Word of God, Lord Je - sus Christ!_

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Dismissal of Catechumens (9:30):

Blessing of St. Clare

Cathy Tisel Nelson

May you always be with God wherever you may be and may God be with you always.

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PALM SUNDAY

APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

AMEN+

Preparation of Gifts:

We're You There

African American Spiritual

Were you there when they crucified my Lord?
Were you there when they crucified my Lord?
Oh! Sometimes it causes me to tremble, tremble, tremble,
Were you there when they crucified my Lord?

Were you there when they nailed him to the tree?
Were you there when they nailed him to the tree?
Oh! Sometimes it causes me to tremble, tremble, tremble,
Were you there when they nailed him to the tree?

Were you there when they laid him in the tomb?
Were you there when they laid him in the tomb?
Oh! Sometimes it causes me to tremble, tremble, tremble,
Were you there when they laid him in the tomb?

Were You There, African American Spiritual. Spiritual; Old Plantation Hymns, Boston, 1899. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

Liturgy of the Eucharist:

Mass of Creation

Marty Haugen

Holy, Holy, Holy Lord God of hosts,
Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.

Save us, Savior of the world,
for by your Cross and Resurrection you have set us free,
you have set us free.

Amen. Amen. Amen. Amen. Amen. Amen.

Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

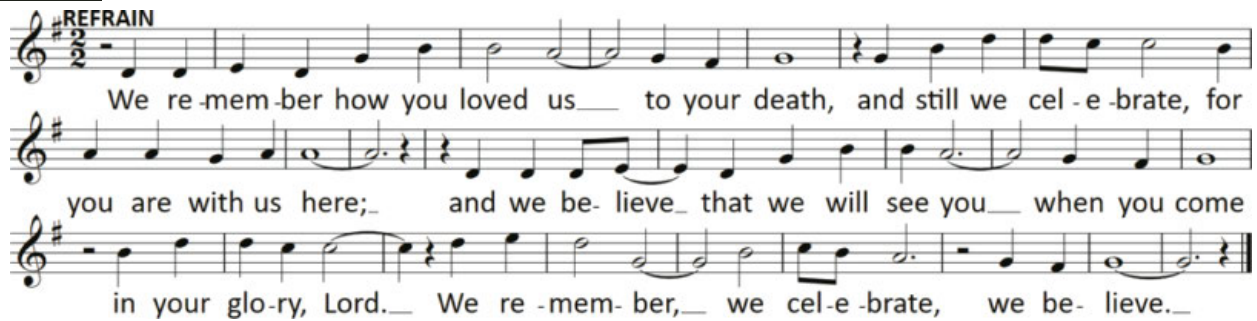
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PALM SUNDAY

Communion:

We Remember

Marty Haugen



Here, a million wounded souls, are yearning just to touch you and be healed.
Gather all your people, and hold them to your heart. **(Refrain)**

Now we recreate your love, we bring the bread and wine to share a meal.
Sign of grace and mercy, and presence of our God. **(Refrain)**

Christ, our Abba's great "Amen", to all the hopes and dreams of ev'ry heart,
Peace beyond all telling, and freedom from all fear. **(Refrain)**

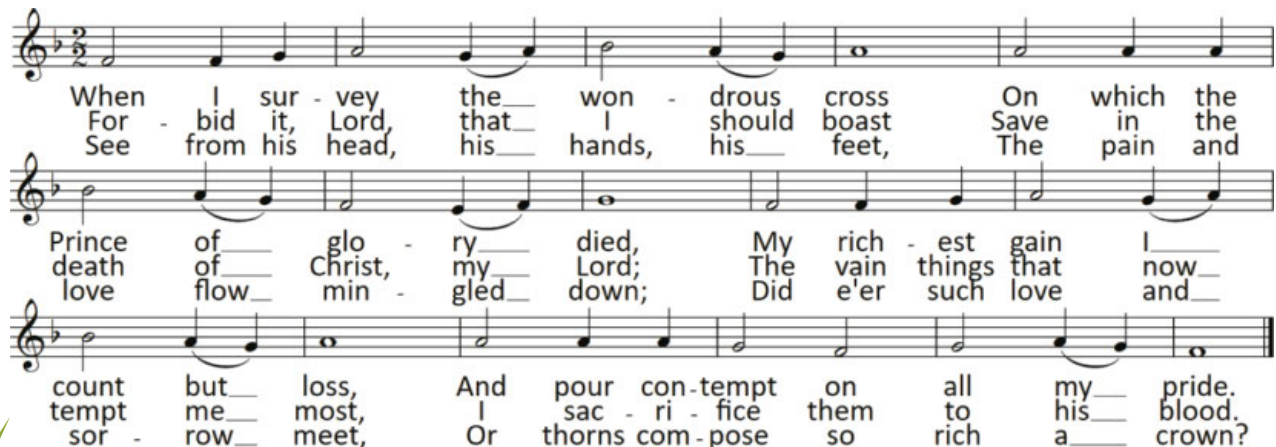
See the face of Christ revealed in every person standing by your side,
Gift to one another, and temples of your love. **(Refrain)**

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Sending Forth:

When I Survey the Wondrous Cross

HAMBURG



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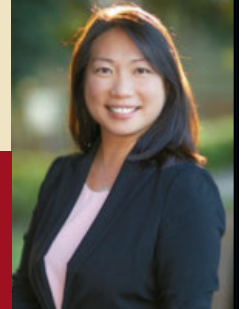
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