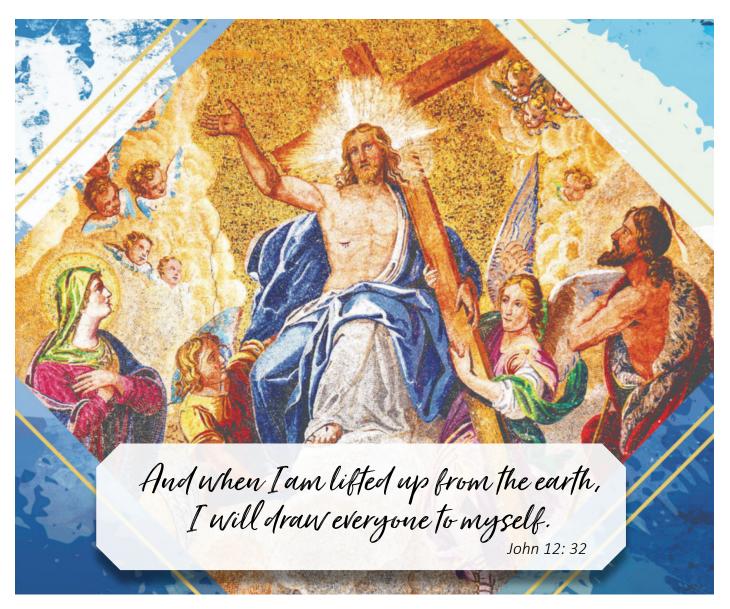
Honoring our Franciscan Tradition



ST. Francis of Assisi Parish

March 17, 2024 - The Fifth Sunday of Lent





March 18 -St.Cyril of Jerusalem



March 19 -St. Joseph, Spouse of the Blessed Virgin Mary



March 22 -Abstinence from meat





March 23 -St. Turibius of Mogrovejo, Bishop; Purim (Jewish observance) begins at sunset



PALM SUNDAY AND Holy Week Schedule March 23/24 - Palm Sunday: 5:15pm Saturday, 7:30am and 9:30am Sunday Wednesday, March 27 - Taize 6:00pm in the Church and livestreamed Thursday, March 28: Holy Thursday, Mass of the Lord's Supper 7:00pm, followed by Eucharistic Adoration in the Reconciliation Room.

Friday, March 29: Good Friday, Service of the Lord's Passion with **Adoration of the Cross** 12:10pm followed by Stations of the Cross

Saturday, March 30, Easter Vigil 8:30pm. Starting at the front door to Brunsman Hall and process into the church. No 5:15 Mass or scheduled Confessions on Holy Saturday.

Sunday, March 31, Easter 7:30am and 9:30am

PALM SUNDAY AND HOLY WEEK will be livestreamed - https://bit.ly/37XWfK3

Weekly Readings

Sun: Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 (12a)/Heb 5:7-9/Jn 12:20-33 Mon: Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6/

Tue: 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/ Mt 1:16, 18-21, 24a or Lk 2:41-51a

Wed: Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56/Jn 8:31-42

Thu: Gn 17:3-9/Ps 105:4-5, 6-7, 8-9/Jn 8:51-59 Fri: Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7/Jn 10:31-42 Sat: Ez 37:21-28/Jer 31:10, 11-12abcd, 13/Jn 11:45-56

Next Sunday: Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-

20, 23-24 (2a)/

Readings for the week of March 17, 2024:

Jn 8:1-11

Prayer Before the Crucifix

 $M_{
m ost}$ High, glorious God, enlighten the darkness of my heart and give me true faith, certain hope, and perfect charity, sense and knowledge, ord, that I may carry our Your holy and true command.

St. Francis prayed this prayer

before the crucifix in the little church of San Damiano in 1205/1206, in the early

days of his conversion:

Amen

2

A St. Francis Parish Faster Celebration Easter Sunday, March 31, 2024 Please join St. Francis Familes and friends for "Coffee and Goodies" between 8:30am-9:30am on the front church steps.







Calling all young voices!

Kids in grades 2-12 are invited to sing for Easter Sunday 9:30 Mass. Rehearsals are on Sunday March 17 and March 24 from 8:45 - 9:30 a.m. in the Parish Center Chapel.

No experience necessary, just enthusiasm! Contact Mrs.

Stites at janetstites@earthlink.net for more information.



Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

In deeds AND WORDS, LOOK UPON JESUS AS YOUR MODEL. DO SO WHETHER YOU ARE WALKING OR KEEPING SILENCE, OR SPEAKING, WHETHER YOU ARE ALONE OR WITH OTHERS. HE IS PERFECT, AND THUS YOU WILL BE NOT ONLY IRREPREHENSIBLE, BUT PRAISEWORTHY.

SAINT ANTHONY OF PADUA



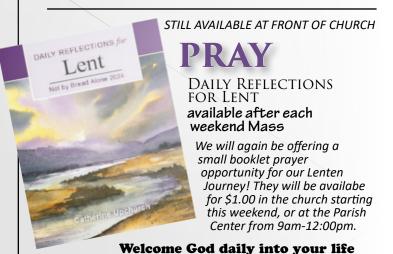
Looking for a way to deepen your prayer life in response to the Lenten call to prayer, fasting, and almsgiving?

Check out our weekly Taizé prayer service, an hour of song, scripture, intercession, and silence. We meet weekly in the church on **Wednesday at 6:00 pm, or pray along any time at https://bit.ly/37XEfK3 - YouTube**. Listen here to a new chant we will use during Lent: Your Word, O Lord, is a Light (C'est toi ma lampe) at https://www.youtube.com/watch?v=AbpRL1kULQQ



Join Fr. Rey on Fridays at 7:00pm in the church for Stations of the Cross, following 6:00pm Lenten Soup dinner. Each Friday of Lent.

The Franciscans have been closely identified with this devotion since 1342, when the Franciscan friars were given custody of the holy sites in the Holy Land.



A MOMENT WITH



with these short scripture reflections.

IL POVERELLO FOR LENT

All praise be yours, my Lord, through Sister Death, From whose embrace no mortal can escape. Woe to those who die in mortal sin!

Happy those she finds doing your will! The second death can do them no harm.

- St. Francis of Asssisi (Canticle of the Creatures)



FASTING AND ABSTINENCE

Abstinence from Meat is observed on Ash Wednesday, Good Friday, and all of the Fridays of Lent by all Catholics 14 years and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics 18 to 59 years old.



Iftar Dinner at Salam Center Mosque, April 07, 2024

4545 College Oak Drive, Sacramento Sunday, April 07, 2024



IN THE YEAR 1219 ST. FRANCIS OF ASSISI went to Egypt to visit the Sultan, Malik-al-Kamil. In April of 2017 Pope Francis also visited Egypt, urging Christians and Muslims to walk together not as enemies but as "fellow travelers."

Following their examples of interfaith understanding, the **Pathways for Justice Ministry** invites parishioners to join them in serving an Iftar meal for our local Muslim sisters and brothers. Iftar is the meal of fast-breaking at sundown during the holy days of Ramadan (March 10-April 9).

For more information, to make a donation to defray costs, or volunteer serving in this act of inter-religious fellowship with Muslim families, please email pathwaysforjustice@stfrancisparish.com.

Iftar is the evening meal with which Muslims end their daily Ramadan fast. Muslims break their fast at the time of the call to prayer for the evening prayer. This is their second meal of the day; the daily fast during Ramadan begins immediately after the pre-dawn meal and continues during the daylight hours, ending with sunset with the evening meal of Iftar. (Wikipedia)

FRANCISFEST April 28, 2024



St. Francis of Assisi Parish is hosting our second annual *FrancisFest on Sunday, on April 28*.

The festival starts at 8:00 a.m. and runs continuously until around 1:00 p.m.

Admission is FREE.

Everyone should come who loves food, fun and fellowship including a gigantic yard, book and plant sale, silent auction, kids activities, fresh baked goodies and a cookout with hamburgers, hot dogs and veggie burgers. Wash them down with soda, bottled water and sangria. The location is in the playground area behind the church. Come early and get the best "treasures" at the sale! Bid high and bid often on the silent auction items. Have lunch with friends! All proceeds benefit the church.

Safeway has generously volunteered to be onsite furnishing many vaccines like the latest COVID booster, RSV, pneumonia and shingles. Preregistration is appreciated! Be sure to bring your health insurance card. Most vaccines are covered. Plus, you'll get a 10% off coupon for your next visit to Safeway with every vaccine.

Don't miss this once-a-year opportunity for food, fun and camaraderie. Tell your family and friends.

All are welcome!

St. Francis Parish Center Offices: 1066 26th Street, Sacramento, CA 95816 • Phone: 1-916.443.8084

Fax: 1-916.443.7356 • Website: www.stfrancisparish.com • Email: info@stfrancisparish.com Open M-F 9:00am-12:00pm

St. Francis Elementary: 2500 K Street, Sacramento, CA 95816 • Phone: 1-916.442.5494 Website: www.stfranciselem.org

| Pastor | Rev. Rey Bersabal | rbersabal@stfrancisparish.com | x115 |
|---|----------------------|--|----------------|
| Principal | Ivan Hrga | Principal@stfranciselem.org | 1-916-442-5494 |
| Director of Music | John Iosefa | Johnl@stfrancisparish.com | x103 |
| Administrative Associate | J.D. Warrick, OFS | jdwarrick@stfrancisparish.com | x102 |
| Parish Custodian and Facilities Assistant | Manny Dabay | MannyD@stfrancisparish.com | x107 |
| Faith Formation Team | Faith Formation Team | DFF@stfrancisparish.com | |
| Youth Ministry Coordinator | Faith Formation Team | DFF@stfrancisparish.com | |
| Membership Coordinator | Myrna Rodriguez | Membership@stfrancisparish.cor | n x101 |
| Communion Visitation Ministry Coordinator | tbd | sf communion visitation @ st francis parish. com | |
| Parish Pastoral Council Chair | Darrin Greer | ParishCouncil@stfrancisparish.com | |
| Finance Council Chair | tbd | FinanceCouncil@stfrancisparish.com | |
| | | | |

The Fifth Sunday of Lent



St. Francis of Assisi Parish March 16-17, 2024

We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world, And we bless you, because by your Holy Cross you have redeemed the world. Amen.



We open our ears to the weary and hear the cry of the poor.

To the voices that echo the song of despair, we will show our compassion and care. (Refrain)

We call on the Spirit of Justice and pray for righteousness' sake.

We will sing for the freedom of all the oppressed; we will loosen the bonds of distress. (Refrain) Copyright ©1997, Ricky Manalo, CSP. Published by OCP Publications. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved

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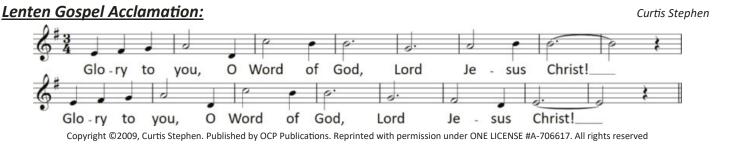
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



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The Fifth Sunday of Lent



<u>Dismissal of Catechumens (9:30)</u>: Blessing of St. Clare

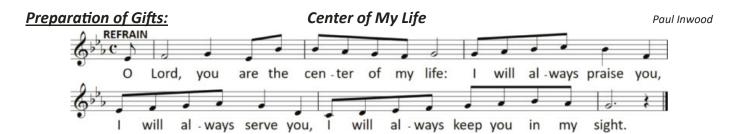
Cathy Tisel Nelson

May you always be with God wherever you may be and may God be with you always.

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APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. AMEN+



Keep me safe, O God, I take refuge in you. I say to the Lord, "You are my God. My happiness lies in you alone; my happiness lies in you alone." (Refrain)

I will bless you, Lord, you give me counsel, and even at night direct my heart. I keep the Lord, ever in my sight: since you are at my right hand, I shall stand firm. (Refrain)

And so my heart rejoices, my soul is glad; even in safety shall my body rest. For you will not leave my soul among the dead, nor let your beloved know decay. (Refrain)

You will show me the path of life, the fullness of joy in your presence, At your right hand, at your right hand happiness forever. (Refrain)

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Liturgy of the Eucharist:

Mass of Creation

Marty Haugen

Holy, Holy, Holy Lord God of hosts,
Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.

Save us, Savior of the world, for by your Cross and Resurrection you have set us free, you have set us free.

Amen. Amen. Amen. Amen. Amen.

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

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The Fifth Sunday of Lent





If we have died with Him then we shall live with him; if we hold firm we shall reign with him. (Refrain)

If anyone serves- me then they must follow me; wherever I am my servants will be...(Refrain)

Make your home in me as I make mine in you; those who remain in me bear much fruit. (Refrain)

If you remain in me and my word lives in you; then you will be my disciples. (Refrain)

Those who love me are loved by my Father; we shall be with them and dwell in them. (Refrain)

Peace I leave with you, my peace I give to you; peace which the world cannot give is my gift. (Refrain) Copyright © 1983, Bernadette Farrell, OCP Publications. All Rights Reserved. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved



We are the salt of the earth, called to let the people see the love of God in you and me. We are the light of the world, not to be hidden but be seen. Go make a diff'rence in the world. (**To Refrain**)

So let your love shine on, let it shine for all to see. Go make a diff'rence in the world.

And the spirit of Christ will be with us as we go. Go make a diff'rence in the world. (To Refrain)

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St. Patrick's Day

May the road rise up to meet you. May the wind be always at your back. May the sun shine warm upon your face; the rains fall soft upon your fields and until we meet again, may God hold you in the palm of His hand.



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