

Cherishing Our Franciscan Tradition

ST. FRANCIS OF ASSISI PARISH

FEBRUARY 19, 2023 - SEVENTH SUNDAY IN ORDINARY TIME



Be holy, for I, the LORD, your God, am holy. - Lev. 19:2b



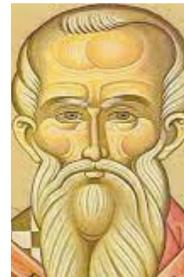
Feb 20 -
President's Day - Parish Center
closed, Mass at 10:00am
(no 12:10 Mass)



Feb 21 -
St Peter Damian, Mardi
Gras, Shrove Tuesday



Feb 22 -
Ash Wednesday, Fast and Abstinence;
Washington's Birthday



Feb 23 -
St Polycarp



Feb 24 -
Abstinence

FRANCISFEST



**MAY 21, 2023
SAVE THE DATE!**

FRANCISFEST IS AN OUTDOOR CELEBRATION FOR PEOPLE OF ALL AGES FEATURING COOKOUT & ICE CREAM, GAMES & ENTERTAINMENT, LIVE & SILENT AUCTIONS, TREASURE CHEST, BOOK NOOK, PLANT SALE, BAKE SALE & MORE!

WEEKLY READINGS

Sunday: Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 8a);
1 Cor 3:16-23; Mt 5:38-48
Mon: Sir 1:1-10; Ps 93:1-2, 5; Mk 9:14-29
Tue: Sir 2:1-11; Ps 37:3-4, 18-19, 27-28, 39-40; Mk 9:30-37
Wed: Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20-6:2;
Mt 6:1-6, 16-18
Thur: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
Fri: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
Sat: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
Sun: Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12,
17-19]; Mt 4:1-11

Act of Spiritual Communion



My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive You into
my soul. Since I cannot at this
moment receive You sacramentally,
come at least spiritually into my
heart. I embrace You as if You were
already there and unite myself wholly
to You. Never permit me to be
separated from You. Amen.



The Memorare Prayer

Remember, O most gracious Virgin
Mary, that never was it known
that anyone who fled to your
protection, implored your help
or sought your intercession
was left unaided.

Inspired with this confidence,
I fly unto you, O Virgin of Virgins,
my Mother. To you I come, before
you I stand, sinful and sorrowful.

O Mother of the Word Incarnate,
despise not my petitions,
but in your mercy
hear and answer me.
Amen.

PRAYER BEFORE THE CRUCIFIX



*St. Francis prayed this prayer before
the crucifix in the little church of San
Damiano in 1205/1206 in the early
days of his conversion.*



Most High, glorious God,
enlighten the darkness of
my heart and give me true
faith, certain hope, and
perfect charity, sense and
knowledge, **L**ord, that
I may carry out Your holy
and true command.

Amen



Do You Sing to God?

Please join us at **9:00 AM on Saturday, March 11th**, for our next in-person **Women in Conversation** gathering, the first one for 2023. We will feature song, prayer, storytelling, and small group discussions. Masks are optional and light refreshments will be served. There is no cost to attend and no RSVP necessary. We hope to see you soon for this community event!

Saturday, March 11, 2023
9:00 – 11:00 a.m.
Brunzman Hall



Pathways for Justice invites you to “Care for God’s Creation,” the third in our Catholic Social Teaching series, on **Saturday, March 4th from 10 to 11:30 am in Brunzman Hall**. Staff from the Center for Land Based Learning in Woodland will share their programs introducing youth to local

farming, habitat restoration, and caring for local watersheds. Adults can train in the Beginning Farm and Ranch Management Apprenticeship and California Farm Academy.

Our second speaker, a member of St. Anthony Catholic Church’s social justice ministry, will explain how they engaged parishioners in developing their Laudato Si’ Action Plan. The parish adopted specific, practical ways to put Pope Francis’ environmental encyclical into action. Learn how our parish can do the same. We will meet in person and by Zoom.

Please register at: pathwaysforjustice@stfrancisparish.com



A Parish Tradition is returning! Beginning the Friday after Ash Wednesday, February 24, and continuing every Friday during Lent.



Since all Fridays during Lent are days of Abstinence (no meat), dinner is a simple meatless meal of soup, bread, and hot tea. We are grateful to our ministries and parishioners who will provide these simple meals. Some of the ministries involved in these Lenten meals are the Secular Franciscan Fraternity, Pathways, Women in Conversation, etc. If you would like to participate, either as a member of a specific parish ministry, or if you have a general interest in being involved, contact Melba Hinojosa, stepping2016stones@gmail.com or send her a text at 916-997-3319.

Dinners will be served from 5:30-6:45 in Brunzman Hall - meet family, friends, classmates, ministry friends - and observe this Lenten tradition of Friday abstinence and also Almsgiving, as all donations are given to the poor. Each supper will be followed by the Stations of the Cross, led by Father Rey, at 7:00 p.m. in the church.

St. Francis Parish Center Offices: 1066 26th Street, Sacramento, CA 95816 • Phone: 1-916.443.8084

Fax: 1-916.443.7356 • Website: www.stfrancisparish.com • Email: info@stfrancisparish.com Open M-F 9:00am-12:00pm

St. Francis Elementary: 2500 K Street, Sacramento, CA 95816 • Phone: 1-916.442.5494 Website: www.stfranciselem.org

Pastor	Rev. Rey Bersabal	rbersabal@stfrancisparish.com	x115
Principal	Ivan Hrga	Principal@stfranciselem.org	1-916-442-5494
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Administrative Associate	J.D. Warrick, OFS	jdwick@stfrancisparish.com	x102
Parish Custodian and Facilities Assistant	Manny Dabay	MannyD@stfrancisparish.com	x107
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Youth Ministry Coordinator	Faith Formation Team	DFF@stfrancisparish.com	
Membership Coordinator	Myrna Rodriguez	Membership@stfrancisparish.com	x101
Communion Visitation Ministry Coordinator	Peggy Briggs	SFCommunionVisitation@gmail.com	
Parish Pastoral Council Chair	Darrin Greer	ParishCouncil@stfrancisparish.com	
Finance Council Chair	Judy Miranda	FinanceCouncil@stfrancisparish.com	



ASH WEDNESDAY MASS WITH DISTRIBUTION OF ASHES

Wednesday, FEB. 22, 2023

12:10 pm (livestreamed or in the Church),
and 6:30pm (in the Church)

Ash Wednesday marks the beginning of the season of Lent. The Lenter season is not just a matter of personal renewal and healing. We do not enter it alone. We enter as a community seeking to renew the heart and soul of our community.



TAIZE LENTEN PRAYER SERVICE IN PERSON OR LIVESTREAMED

Wed Mar 1 and each Wed during Lent at 6:30 pm
In the church, or via YouTube at <https://bit.ly/37XEfK3>
starting March 1. No Taize on Ash Wednesday!

STATIONS OF THE CROSS

Starts
Feb 24

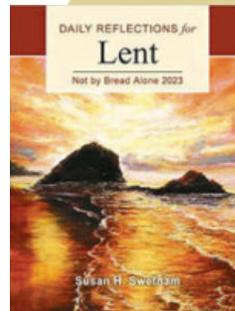


Join Fr. Rey on Fridays at 7:00pm in the church,
following the Lenten Soup Dinner. Each Friday of Lent.
NOT LIVESTREAMED, but you will find videos from the last two
years on YouTube to enjoy, at <https://bit.ly/37XEfK3>

*The Franciscans have been closely identified with this devotion since 1342,
when the Franciscan friars were given custody of
the holy sites in the Holy Land.*

PRAY

DAILY REFLECTIONS FOR LENT,
TRIDUUM AND EASTER SUNDAY.
available after each Mass



Again this year we will be offering a small
booklet prayer opportunity for our Lenten
journey! **These will be available for \$1 in
the church after Mass starting this week-
end.** Welcome God daily into your life with
these short scripture reflections.

As we have done before, we also offer
these alternatives for you to purchase a
booklet on your own:

Not by Bread Alone
Daily Reflections for Lent 2023

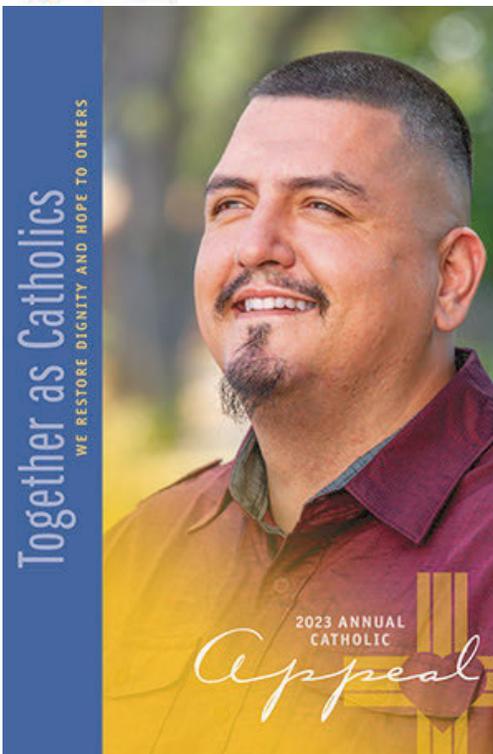
<https://pastoral.center/not-by-bread-alone-2023>

Little Black Book for Lent

<https://littlebooks.org/seasonal-books/lent>



SEE BISHOP SOTO'S MESSAGE
at <https://vimeo.com/793084630>



Today we join together through the Annual Catholic Appeal

We may not all be social workers, yet through the Annual Catholic Appeal, the whole Catholic community leans in to help our Catholic charities...and our own parish...to sustain programs and ministries that help lift our neighbors and friends out of the hardships of poverty.

The Annual Catholic Appeal is dedicated solely to the social mission of the Church here in Northern California. Last year, 380,000 people were helped by Appeal-funded charitable works.

Please be as generous as you can. Every gift makes a profound difference in someone's life.

Prayer of the Faithful

For all who depend on our generosity through the Annual Catholic Appeal: those who need assistance and all those who work tirelessly in the charitable organizations and parish outreach ministries that serve them...

For our sisters and brothers we pray...

... Lord, hear our prayer

The 7th Sunday in Ordinary Time

St. Francis of Assisi Parish
February 18-19, 2023

We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world,
And we bless you, because by your Holy Cross you have redeemed the world. Amen.

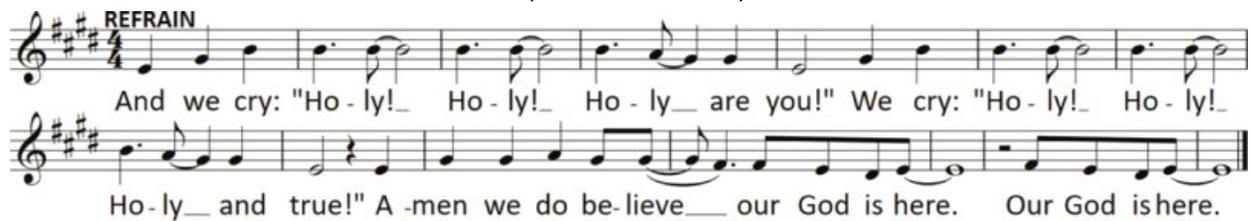
Gathering:

Our God is Here

Chris Muglia

Here in this time, here in this place, here we are standing face to face.
Here in our hearts, here in our lives, our God is here.
Here for the broken, here for the strong, here in this temple we belong.
Here in our hearts, here in our lives, our God is here.

REFRAIN



And we cry: "Ho - ly! Ho - ly! Ho - ly are you!" We cry: "Ho - ly! Ho - ly!
Ho - ly and true!" A - men we do be - lieve our God is here. Our God is here.

Here in the Word, God is revealed, here where the wounded can be healed.
Here in our hearts, here in our lives, our God is here.
Here we become what we receive, here in this Eucharistic feast.
We are his body, living as one; our God is here. **(Refrain)**

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Gloria:

Mass from Age to Age

Chris de Silva

**REFRAIN: Glory, glory to God, glory to God in the highest, glory,
glory to God, and on earth peace to people, people of good will.**

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Lord God, heavenly King, O God almighty Father. **(Refrain)**

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father,
You take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer;
You are seated at the right hand of the Father, have mercy on us. **(Refrain)**

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ,
With the Holy Spirit, in the glory of God the Father. Amen. **(Refrain)**

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Psalm: Psalm 103: "The Lord is Kind and Merciful..."

Jeanne Cotter



The Lord is kind and mer - ci - ful; the Lord is kind and mer - ci - ful. Slow to
an - ger, rich in kind - ness, the Lord is kind and mer - ci - ful.

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The 7th Sunday in Ordinary Time

Gospel Acclamation:

Chris de Silva

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

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Dismissal of Catechumens (9:30):

Blessing of St. Clare

Cathy Tisel Nelson

May you al - ways be with God wher - ev - er you may be and may God be with you al - ways. May you al - ways be with God wher - ev - er you may be and may God be with you al - ways.

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APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. AMEN+

Preparation of Gifts:

Christians, Let Us Love One Another

PICARDI

1. Christians, let us love one another, As we share the true living bread.
Jesus is our God and our brother; With his flesh and blood we are fed.

REFRAIN
Ev - ry - one who loves is born of God. Je - sus is our life. God is love.

2. We who break this bread are one body, We who share this cup are all one.
Children of our Father in heaven, We are heirs with God's only son. **(to Refrain)**
3. We who eat and drink at this table Die and rise again with our Lord.
Drawing from our Rock living water Giv'n to all who thirst for accord. **(to Refrain)**
4. On the path of life we may falter, Earthly food alone leaves us weak;
Always you invite from the altar, "Hungry souls their food here must seek." **(to Refrain)**
5. Wheat and grape incarnate a myst'ry: Jesus is the true living bread.
Let us eat with joy and thanksgiving, Trusting in the word he has said. **(to Refrain)**
6. Jesus is the vine, we the branches; We are grains of wheat, Christ the bread.
Those who eat this bread live forever, One with Christ, our Lord and our Head. **(to Refrain)**

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The 7th Sunday in Ordinary Time

Liturgy of the Eucharist:

Mass from Age to Age

Chris de Silva

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full, full of your glory.

Hosanna in the highest. Hosanna, hosanna, hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna, hosanna, hosanna in the highest. Hosanna, hosanna, hosanna in the highest.

When we eat this bread and drink this cup, we proclaim your death, O Lord, until you come again.

Amen, amen, amen. Amen, amen, amen.

Lamb of God, you take away the sins of the world, have mercy on us, Lamb of God. (x2)

Lamb of God, you take away the sins of the world, grant us peace, grant us peace, grant us peace.

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Communion:

Ubi Caritas

Bob Hurd

REFRAIN



U - bi ca - ri - tas est ve - ra, est ve - ra: De - us i - bi est, De - us i - bi est.

The love of Christ joins us together. Let us rejoice in him,
And in our love and care for all now love God in return. **(to Refrain)**

In true communion let us gather. May all divisions cease
And in their place be Christ the Lord, our risen Prince of Peace. **(to Refrain)**

May we who gather at this table to share the bread of life
Become a sacrament of love, your healing touch, O Christ. **(to Refrain)**

For those in need make us your mercy, for those oppressed, your might.
Make us, your Church, a holy sign of justice and new life. **(to Refrain)**

May we one day behold your glory and see you face to face,
Rejoicing with the saints of God to sing eternal praise. **(to Refrain)**

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Sending Forth:

Go Make a Difference

Steve Angrisano/Thomas N Tomaszek

REFRAIN



Go make a dif - f'rence. We can make a dif - f'rence. Go make a dif - f'rence in the world. Go make a dif - f'rence. We can make a dif - f'rence. Go make a dif - f'rence in the world.

We are the salt of the earth, called to let the people see the love of God in you and me.
We are the light of the world, not to be hidden but be seen. Go make a diff'rence in the world. **(To Refrain)**

We are the hands of Christ reaching out to those in need, the face of God for all to see.
We are the spirit of hope; we are the voice of peace. Go make a diff'rence in the world. **(To Refrain)**

So let your love shine on, let it shine for all to see. Go make a diff'rence in the world.
And the spirit of Christ will be with us as we go. Go make a diff'rence in the world. **(To Refrain)**

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