

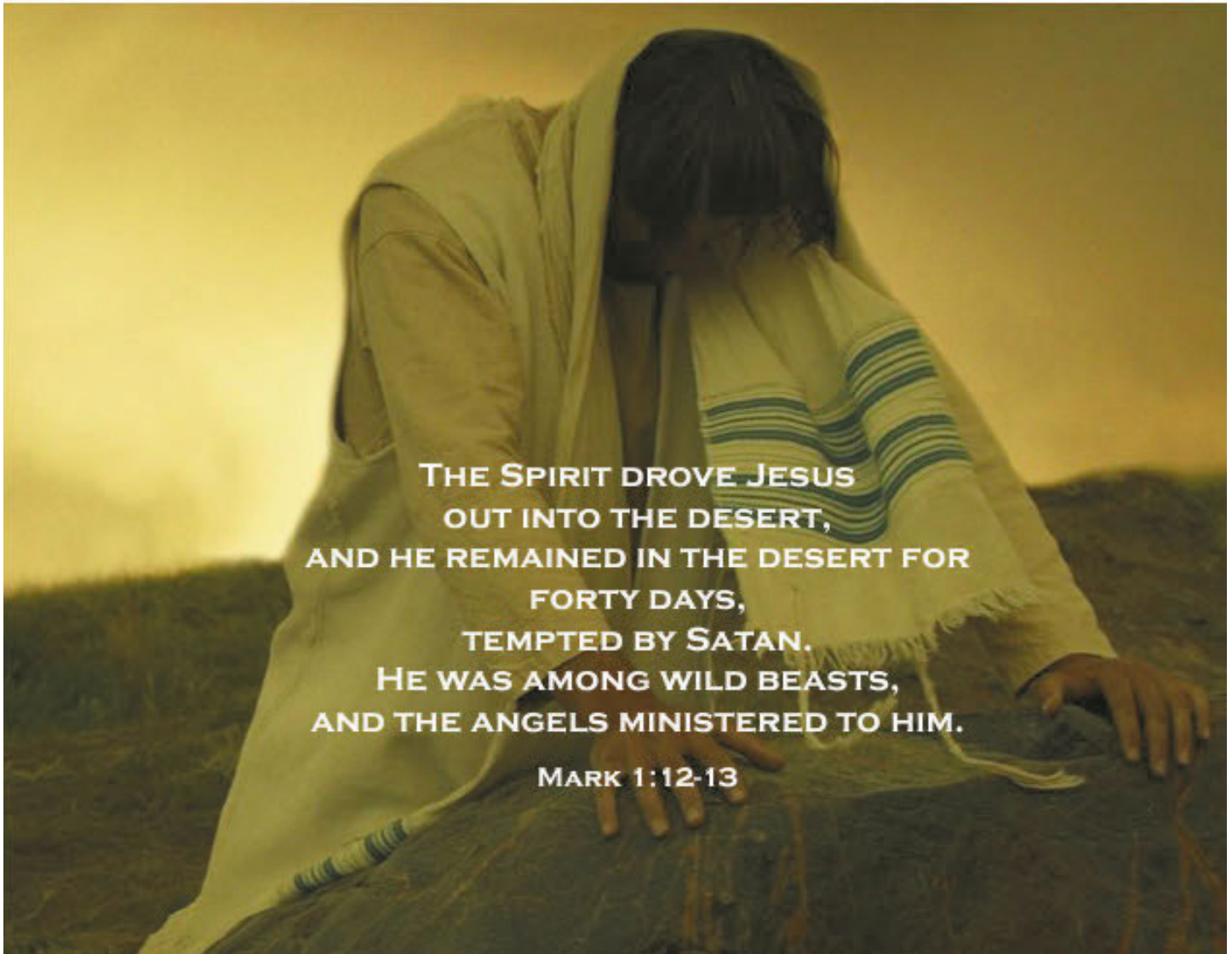


Honoring our Franciscan Tradition

ST. FRANCIS OF ASSISI PARISH

FEBRUARY 18, 2024 - THE FIRST SUNDAY OF LENT

*PRESIDENT'S DAY is Monday, February 19. Mass will be at 10:00am.
The Parish Center will be closed.*



THE SPIRIT DROVE JESUS
OUT INTO THE DESERT,
AND HE REMAINED IN THE DESERT FOR
FORTY DAYS,
TEMPTED BY SATAN.
HE WAS AMONG WILD BEASTS,
AND THE ANGELS MINISTERED TO HIM.
MARK 1:12-13



Feb 18 -
First Sunday of Lent



Feb 19 -
President's Day



Feb 21 -
St Peter Damian



Feb 22 - The Chair
of Peter the Apostle



Feb 23 - St Polycarp, Bishop & Martyr; Abstinence



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DONATE

Lenten Message *by Father Rey Bersabal*

Whenever we enter into the season of Lent, we think about ashes, penance, and fasting. As praise worthy as these practices may be, there are other practices that fulfill the spirit of the season.

The sixth chapter of Matthew reminds us how Jesus was telling his disciples about fasting and without being glum. **"Anoint your head and wash your face"**. This is how we get ready for work and for the rest of the day. Our fasting should be integral to our daily routine. For those workholics and those giving up on chocolate or wine for Lent, it would be better if we can fast from work and spend more time with family. Other than giving up on things, we can extend our generosity to those in need.

A healthy penance flows from our relationships, responsibilities and religious beliefs. When we drive from home to work, or wherever we go, we can do it with more compassion, more patience with people we work with, kinder to everyone we meet, honest in all our dealings. Visit elderly family relatives and friends, initiate forgiveness, doing favor to our neighbor and any act of kindness.

We all do this because of love. We love God, so we love others. Everytime we look at everything with loving eyes our Lenten journey happens.

Weekly Readings

Readings for the week of February 11, 2024:

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/1 Pt 3:18-22/Mk 1:12-15
Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-13
Wed: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19
Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 (116:9)/
Rom 8:31b-34/Mk 9:2-10



SAVE THE DATE

ST. FRANCIS ADULT MINISTRY PRESENTS SCRIPTURE FOR TODAY

By Rev. Tom Bonacci C. P.

Tom Bonacci is a Passionist priest who has taught adult education classes in Sacred Scripture for the past thirty-six years throughout the United States. He is known for his engaging style and insightful approach to scripture.

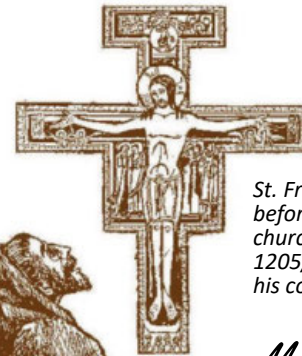
WEDNESDAY, MARCH 6TH, AT 7:15 PM (AFTER TAIZE)
BRUNSMAN HALL



Act of Spiritual Communion

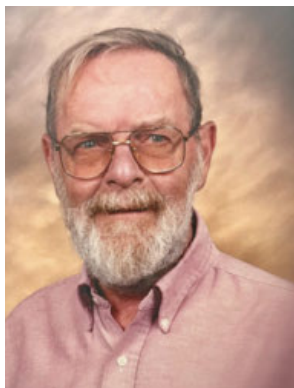
My Jesus,
I believe that You
are present in the
Most Holy Sacrament.
I love You above all things,
and I desire to receive You into
my soul. Since I cannot at this
moment receive You sacramentally,
come at least spiritually into my
heart. I embrace You as if You were
already there and unite myself wholly
to You. Never permit me to be
separated from You. Amen.

Prayer Before the Crucifix



St. Francis prayed this prayer
before the crucifix in the little
church of San Damiano in
1205/1206, in the early days of
his conversion:

Most High, glorious God,
enlighten the darkness of
my heart and give me true
faith, certain hope, and
perfect charity, sense and
knowledge, Lord, that
I may carry our Your holy
and true command.



ERNIE BARBEAU

*Please join us for the
celebration of Ernie's life.*

SATURDAY, FEBRUARY 24
10:00AM, IN THE CHURCH

*A reception follows
in Brunsmann Hall*

May his soul, and the souls of all the
faithful departed, through the mercy
of God, rest in peace.

YOUR FINANCIAL SUPPORT

The Finance Council is providing a regular look at contributions.

MONTH OF JANUARY 2024

Stewardship	\$ 37,003
<i>(Stewardship budget for the month)</i>	\$ 40,221
Building Fund	\$ 1,730
Assistance to the Needy	\$ 937

Thank you for your generosity!

WE ADORE YOU, O CHRIST, AND WE PRAISE YOU.

BECAUSE BY YOUR HOLY CROSS YOU HAVE REDEEMED THE WORLD.



STATIONS OF THE CROSS

Join Fr. Rey on Fridays at 7:00pm in the church, following Lenten Soup Dinner. Each Friday of Lent. Not livestreamed.

The Franciscans have been closely identified with this devotion since 1342, when the Franciscan friars were given custody of the holy sites in the Holy Land.



FASTING AND ABSTINENCE

Abstinence from Meat is observed on Ash Wednesday, Good Friday, and all of the Fridays of Lent by all Catholics 14 years and older. Fasting is observed on Ash Wednesday and Good Friday by all Catholics 18 to 59 years old. The traditional norm for fasting is to eat only one full meal. Smaller meals throughout the day, if all added up, should not be more than one full meal.



TAIZE LENTEN PRAYER SERVICE IN PERSON OR LIVESTREAMED

Each Wed during Lent at 6:00 pm
In the church, or via YouTube at
<https://bit.ly/37XEfK3>.

For those attending in person, facemasks are welcome but not required.



PRAY

DAILY REFLECTIONS FOR LENT

available after each weekend Mass

We will again be offering a small booklet prayer opportunity for our Lenten Journey! They will be available for \$1.00 in the church starting this weekend, or at the Parish Center from 9am-12:00pm.

Welcome God daily into your life with these short scripture reflections.

A
MOMENT
WITH



IL POVERELLO
FOR LENT

“Jesus Christ, our Lord, whose footsteps we’re to follow, called his betrayer ‘friend’ and willingly gave himself over to his crucifiers. Our friends, then, are all those who unjustly inflict upon us tests and ordeals, shame and injury, sorrows and torments, martyrdom and death. They are the ones we should love most, for what they’re really inflicting upon us is eternal life.”

- St. Francis of Assisi, Rule of 1221, Chapter XXII



Prayer of the Faithful:

For our sisters and brothers in the Diocese of Sacramento...may the intercession of our Blessed Mother Mary help us to embrace the charity of Christ as we consider our participation in the Annual Catholic Appeal
Lord, hear our prayer

Helps us bring Christ's saving mercy to our brothers and sisters - 25% comes back to our parish for our own outreach to those in need.

FEBRUARY 24/25

We will have the opportunity to offer ourselves as companions to those who suffer emotional, physical and spiritual poverty. Each of our gifts, no matter the amount, makes a difference in someone's life. Catholic Charities can respond to the greatest needs in our communities. Seminarians receive support as they prepare to serve our local parishes. Catholic schools in economically-challenged neighborhoods can provide tuition assistance. And our parish receives support for another year. Prayerfully consider what you can give this year.



"I really think that everyone has something to give."

When Jesus was literally dying on the cross, he found the strength to turn to the thief being crucified next to him and minister to that person. So often we have all kinds of excuses not to reach out to those next to us."

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St. Francis Elementary: 2500 K Street, Sacramento, CA 95816 • Phone: 1-916.442.5494 Website: www.stfranciselem.org

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Parish Custodian and Facilities Assistant	Manny Dabay	MannyD@stfrancisparish.com	x107
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Youth Ministry Coordinator	Faith Formation Team	DFF@stfrancisparish.com	
Membership Coordinator	Myrna Rodriguez	Membership@stfrancisparish.com	x101
Communion Visitation Ministry Coordinator	tbd	sfcommunionvisitation@stfrancisparish.com	
Parish Pastoral Council Chair	Darrin Greer	ParishCouncil@stfrancisparish.com	
Finance Council Chair	tbd		

The First Sunday of Lent



St. Francis of Assisi Parish
February 17-18, 2024

We adore you Most Holy Lord Jesus Christ, here and in all your churches in the world,
And we bless you, because by your Holy Cross you have redeemed the world. Amen.

Gathering:

In These Days of Lenten Journey

Ricky Manalo, CSP

REFRAIN

In these days of Len - ten jour - ney we have seen and we have
heard the call to sow jus - tice in the lives of those we serve.

We reach out to those who are homeless, to those who live without warmth.
In the coolness of evening we'll shelter their dreams; we will clothe them in mercy and peace. **(Refrain)**

We open our eyes to the hungry, and see the faces of Christ.

As we nourish all people who hunger for food, may their faith in our God be renewed. **(Refrain)**

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Confiteor: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned,
in my thoughts and in my words, in what I have done and in what I have failed to do,
through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,
and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie:

Mass of Creation

Marty Haugen

Ky - ri - e, e - le - i - son. Chri - ste, e - le - i - son. Ky - ri - e, e - le - i - son.

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Psalm: Psalm 25: "Your ways, O Lord"

Jaime Cortez

Your ways, O Lord, are love and truth to those who keep your cov-e-nant.

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Lenten Gospel Acclamation:

Curtis Stephen

Glo - ry to you, O Word of God, Lord Je - sus Christ!____
Glo - ry to you, O Word of God, Lord Je - sus Christ!____

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The First Sunday of Lent



Dismissal of Catechumens (9:30):

Blessing of St. Clare

Cathy Tisel Nelson

May you al - ways be with God wher - ev - er you may be and may God be
with you al - ways. — May you al - ways be with God wher -
ev - er you may be and may God be with you al - ways.

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APOSTLE'S CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

AMEN+

Preparation of Gifts:

Jesus, Meek and Humble

Ban Walther, Sarah Hart

1. Je - sus, meek and hum - ble, heav - en's gift to earth,
2. Je - sus, meek and hum - ble, teach - ing by the shore,
3. Je - sus, meek and hum - ble, mer - cy born of pain,
4. Je - sus, meek and hum - ble, by the break of day

Word from Word a - mong us, spo - ken from the first.
cast - ing nets to gath - er bro - ken, lame, and poor.
on the Cross we fash - ioned from our sin and shame,
heav - en now a - wak - ing, love has made a way.

Song of our sal - va - tion, ris - ing from the fall.
Liv - ing bread you of - fer, hun - gry we re - ceive.
God him - self pro - vid - ing Lamb and sac - ri - fice.
Light from Light em - brac - ing all that once was dark.

Je - sus, meek and hum - ble, heav - en's hope for all.
Je - sus, meek and hum - ble, teach us to be - lieve.
Je - sus, meek and hum - ble, in this death is life.
Je - sus, meek and hum - ble, lead us to your heart.

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The First Sunday of Lent



Liturgy of the Eucharist:

Mass of Creation

Marty Haugen

Holy, Holy, Holy Lord God of hosts, Heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

Save us, Savior of the world, for by your Cross and Resurrection you have set us free, you have set us free.

Amen. Amen. Amen. Amen. Amen. Amen.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace.

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Communion:

Beyond the Days

Ricky Manalo, CSP

REFRAIN

Be - yond the days_ of hope and mys - t'ry we see a light_ of faith re -
newed, and in our long - ing_ we thirst for guid - ance to walk with you day by day.

VERSES

1. For - ty days and nights, you guide the steps of our jour - ney.
2. Not on bread a - lone are we to walk on this jour - ney.
3. In your hands, O God, we feel the touch of your guid - ance.
4. On our Lent - en path we see the dawn of a new day.

1. May your pres - ence be felt in the whis - per of your voice. (Be -
2. Speak the words that give life to the yearn - ings of our hearts.
3. Keep us safe in your care: may your gen - tle - ness be there.
4. Be our vi - sion of hope; be the prom - ise of our lives.

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Sending Forth:

Lead Me, Guide Me

Doris M. Akers

REFRAIN

Lead_ me, guide me, a - long the way, for_ if you lead me, I can - not stray.
Lord,___ let me walk each day with thee. Lead me, O God, lead me.---

I am weak and I need your strength and power to help me over my weakest hour.
Help me through your darkness your face to see. Lead me, O God, lead me. **(Refrain)**

I am lost if you take your hand from me, I am blind without your Light to see.

Lord, just always let me thy servant be. Lead me, O God, lead me. **(Refrain)**

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