

HONORING OUR FRANCISCAN TRADITION



# ST. FRANCIS OF ASSISI PARISH

APRIL 10, 2022 - PALM SUNDAY OF THE PASSION OF THE LORD



Carl Heinrich Bloch, late 19th century, Public Domain

“I HAVE EAGERLY DESIRED TO EAT THIS PASSOVER

WITH YOU BEFORE I SUFFER,

FOR, I TELL YOU, I SHALL NOT EAT IT AGAIN

UNTIL THERE IS FULFILLMENT IN THE KINGDOM OF GOD.”

THEN HE TOOK A CUP, GAVE THANKS, AND SAID,

“TAKE THIS AND SHARE IT AMONG YOURSELVES;

FOR I TELL YOU THAT FROM THIS TIME ON

I SHALL NOT DRINK OF THE FRUIT OF THE VINE

UNTIL THE KINGDOM OF GOD COMES.” - LUKE 22:15-18





## FROM THE PASTOR'S DESK

We have reached the high point of our Lenten Journey. Today we commence Holy Week, also called The Great Week. We recall today the Lord's Triumphal Entry into Jerusalem. Jesus is received with adulation and acclaim; yet within days this acclaim would turn to outright rejection and scorn. It serves to remind us of the fickleness of public opinion. It should also serve to remind us of the dangers of mob rule and how easy it is to get carried along by the opinions of others. Sometimes it requires real courage and resolution to stand up for and recognize the innate dignity of human life and forthrightly attest to our deeply held beliefs and values. The Liturgy this week speaks very powerfully for itself. We will hear an account of the Lord's Passion proclaimed twice this week: today from the Gospel of St. Luke and on Good Friday from St. John.

The three most sacred days in the Church Year, the celebration of the Sacred Triduum, will commence on Holy Thursday evening with the Mass of the Lord's Supper. We commemorate the giving of the Eucharist; the supreme spiritual food and nourishment the Lord gave to his Apostles and to us on the eve of his death on the cross. The Gospel proclaimed at that Mass; the Lord's washing of the Feet of His Disciples serves to remind us that we are all called to a life of service to Him and to one another. The following day, Good Friday, through the Commemoration of the Lord's Passion, we are reminded of the greatest act of love in the history of humanity. The Lord freely undertook to undergo a humiliating death on the cross in order to achieve our salvation. That this still speaks very powerfully to humanity, can be gauged from the large numbers who will gather in Christian churches and communities around the world to reflect on this Saving Event. Following these commemorations, the christian faithful will await with the Lord to celebrate anew His resurrection from the dead at the Easter Vigil on Holy Saturday evening.

We could give no better gift to ourselves or to the Lord, than to resolve to participate in as many of the Holy Week/Easter ceremonies as we can. The schedule of our liturgies is contained in the bulletin and on display at the entrance to the Church. May the Lord bestow many blessings on our faith community during this Holy Season.

The war in Ukraine and the pandemic have meant that we have been experiencing our own passion in recent times. Remembering the fortitude and strength displayed by the Lord during his passion should serve to empower and encourage us. Just as we celebrate the events of Holy Week with the knowledge of the Lord's Resurrection, so too we are confident that he will lead us to vindication and understanding. Through continued prayer and reflection, let us pray for the necessary grace to enable the Lord to strengthen our resolve.

"Father, forgive them, for they do not know what they do." Luke 23 : 34.

- Fr. Des.

## Act of Spiritual Communion



My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into  
my soul. Since I cannot at this  
moment receive You sacramentally,  
come at least spiritually into my  
heart. I embrace You as if You were  
already there and unite myself wholly  
to You. Never permit me to be  
separated from You. Amen.

## PRAYER BEFORE THE CRUCIFIX



*St. Francis prayed this prayer before the crucifix in the little church of San Damiano in 1205/1206 in the early days of his conversion.*



**M**ost High, glorious God,  
enlighten the darkness of  
my heart and give me true  
faith, certain hope, and  
perfect charity, sense and  
knowledge, **L**ord, that  
I may carry out Your holy  
and true command.

## The Memorare Prayer



Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided.

Inspired with this confidence, I fly unto you, O Virgin of Virgins, my Mother. To you I come, before you I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.  
Amen.



# Franciscus

## FROM THE MESSAGE OF THE HOLY FATHER FRANCIS FOR LENT 2022 (PT 4)

3. "If we do not give up, we shall reap our harvest in due time"

Each year during Lent we are reminded that "goodness, together with love, justice and solidarity, are not achieved once and for all; they have to be realized each day" (ibid., 11). Let us ask God to give us the patient perseverance of the farmer (cf. Jas 5:7), and to persevere in doing good, one step at a time. If we fall, let us stretch out our hand to the Father, who always lifts us up. If we are lost, if we are misled by the enticements of the evil one, let us not hesitate to return to God, who "is generous in forgiving" (Is 55:7). In this season of conversion, sustained by God's grace and by the communion of the Church, let us not grow tired of doing good. The soil is prepared by fasting, watered by prayer and enriched by charity.

May the Virgin Mary, who bore the Saviour in her womb and "pondered all these things in her heart" (Lk 2:19), obtain for us the gift of patience. May she accompany us with her maternal presence, so that this season of conversion may bring forth fruits of eternal salvation.

*(read the entire document at <https://bit.ly/3w4rX06>)*



### TAIZE LENTEN PRAYER SERVICE LIVESTREAMED

Each Wed during Lent at 6pm  
via YouTube, at <https://bit.ly/37XEfK3>  
Join us on YouTube.

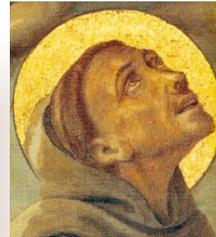


### STATIONS OF THE CROSS-STATIONS OF STRENGTH

Each Weds at 7pm following Taize,  
Fridays at 3:00pm during Lent. Livestreamed only  
via YouTube, at <https://bit.ly/37XEfK3>  
Join us on YouTube.

*The Franciscans have been closely identified with this devotion since 1342, when the Franciscan friars were given custody of the holy sites in the Holy Land.*

## A MOMENT WITH



## IL POVERELLO FOR LENT

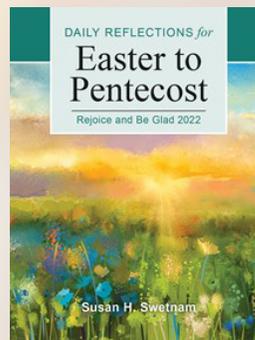
To all mayors and consuls, magistrates and rulers throughout the world, and to everyone who may receive these letters: Brother Francis, your little servant in the Lord God, sends his wishes of health and peace to all of you.

Pause and reflect, for the day of death is approaching. I beg you, therefore, with all possible respect, not to forget the Lord or turn away from His commandments by reason of the cares and preoccupations of this world, for all those who are oblivious of Him and turn away from His commands will be forgotten by Him. And when the day of death does come, everything which they think they have will be taken from them (cf. Lk 8:18). Therefore, I firmly advise you to receive with joy the most holy Body and the most holy Blood of our Lord Jesus Christ in holy remembrance of Him.

Let those who keep this writing with them and observe it know that they will be blessed by the Lord God.

- St. Francis of Assisi, from "A Letter to the Entire Order" (1225/1226)

## PRAY



### REJOICE AND BE GLAD: DAILY REFLECTIONS FOR EASTER 2022

Pick up a copy of this booklet of reflections for the Easter season, available after Mass starting on Easter Sunday, and available until sold out. **\$1 donation each, while supplies last.**

Continue the journey!

As we have done before, we also offer this alternative for you to purchase a booklet on your own:

**Rejoice and Be Glad (PB: \$1.99/Kindle: \$.99)**  
**Daily Reflections for Easter to Pentecost 2022**  
<https://smile.amazon.com/Rejoice-Be-Glad-Reflections-Pentecost/dp/0814664903/>

**Little Book for the Easter Season (PB: \$2.00/e-book: \$0.99)**  
<https://littlebooks.org/seasonal-books/easter-season>

## FASTING AND ABSTINENCE



## FAST

**Abstinence from Meat** is observed on Ash Wednesday, Good Friday, and all of the Fridays of Lent by all Catholics 14 years and older.

**Fasting** is observed on Ash Wednesday and Good Friday by all Catholics 18 to 59 years old. The traditional norm for fasting is to eat only one full meal. Smaller meals throughout the day, if all added up, should not be more than one full meal.

**HOLY WEEK** is the most important time of year for us as Christians. This year some pandemic restrictions are in place which require some limitations. **Seating for the services in the church will be limited; masks are required.** As usual, a service on each day of Holy Week will be live streamed (see <https://bit.ly/37XEfK3>).

*Following is the schedule of Holy Week liturgies:*

**Sunday, April 10 - PALM SUNDAY**

**Mass at 5:15 on Saturday, 7:30am and 9:30am on Sunday**  
 Palms will be distributed at the entrance to the church  
 9:30am Mass will be live-streamed (<https://bit.ly/37XEfK3>), and overflow seating will be available in Brunsmann Hall. To follow the reading of The Passion you may download: <https://bit.ly/36nT7oI>

**Thursday, April 14 - HOLY THURSDAY**

**Mass of the Lord's Supper: 7:00pm in the church**  
 This Mass will be live-streamed (<https://bit.ly/37XEfK3>)

**Friday, April 15 - GOOD FRIDAY**

**Service of the Passion of the Lord: 12:10pm & 7:00pm in the church**  
 These Services will be live-streamed (<https://bit.ly/37XEfK3>), and overflow seating will be available in Brunsmann Hall for both services. To follow the reading of the Passion: [bit.ly/3JwJl1F](https://bit.ly/3JwJl1F)

**Livestream Stations Of The Cross: streamed at 3:00pm (<https://bit.ly/37XEfK3>)**

**Saturday, April 16 - EASTER VIGIL**

**Mass of the Easter Vigil in the Holy Night: 8:00pm in the church**  
 This Mass will be live-streamed (<https://bit.ly/37XEfK3>)

**Sunday, April 17 - EASTER SUNDAY**

**Mass at 7:30am and 9:30am in the church**  
 The 9:30am Mass will be live-streamed (<https://bit.ly/37XEfK3>), with overflow seating available in Brunsmann Hall

**St. Francis 2022 Homecoming Gala**



**Make your reservation for our 2022 GALA ...**

\$65.00 early bird discount through 6/30/22, then \$75.00 starting July 1. The reservation form is at <https://bit.ly/3C7bAzC>

**St. Francis Homecoming Gala 2022 August 27, 2022 at the Hilton on Arden West**

**WEEKLY READINGS**



- Sun: Is 50:4-7; Ps 22:8-9, 17-20, 23-24; Phil 2:6-11; Lk 22:14 — 23:56 [23:1-49]
- Mon: Is 42:1-7; Ps 27:1-3, 13-14; Jn 12:1-11
- Tue: Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38
- Wed: Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25
- Thu: Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15
- Fri: Is 52:13 — 53:12; Ps 31:2, 6, 12-13, 15-16, 17, 25; Heb 4:14-16; 5:7-9; Jn 18:1 — 19:42
- Sat: a) Gn 1:1 — 2:2; Ps 104:1-2, 5-6, 10,12,13-14,24,35; c) Ex 14:15 — 15:1; Ex 15:1-6, 17-18; e) Is 55:1-11; Is 12:2-6; g) Ez 36:16-17a, 18-28; Ps 42:3, 5; 43:3-4 h) Rom 6:3-11; i) Lk 24:1-12
- Sun: Acts 10:34a, 37-43; Col 3:1-4; Jn 20:1-9



**St Francis of Assisi Parish and Elementary School Lenten Food Drive**

The **St Francis of Assisi Parish and Elementary School** are coordinating a food donation drive at all Masses during Lent (March 5 & 6, 11 & 12, 19 & 20, 27, April 2 & 3, and 9 & 10).

Donations will be given to the **Central Downtown Food Basket** which began its mission to feed the elderly and low-income in 1983. Today, the CDFB feeds over 3,700 households in the greater Sacramento area [www.cdfb.org](http://www.cdfb.org).

Suggested Items:

- Personal-Size Toiletries:** Toothpaste, Toothbrushes, Hand Sanitizer, Deodorant, Soap. Lotion, Shampoo
- Canned Goods:** Beans, Tuna, Vegetables, Peanut Butter, Fruit
- Dried Goods:** Pasta, Beans, Rice, Macaroni and Cheese, Cup of Noodles, Cereal, Soft Breakfast Bars, Oatmeal

Parish Pastoral Council and Finance Council volunteers will be ready after each of the weekend Masses. Thank you for your generosity! Questions? Call or text Melba Hinojosa if you would like to help collect the donations after Masses or if you have other questions: 916-997-3319.

# PALM SUNDAY

## OF THE PASSION OF THE LORD

St. Francis of Assisi Parish  
April 9/10, 2022

### Gathering

### *The King of Glory*

KING OF GLORY

**REFRAIN**



The King of glo - ry comes, the na - tion re - joic - es.  
O - pen the gates be - fore him, lift up your voic - es.

Who is the King of glory; how shall we call him? He is Emmanuel, the promised of ages. **(Refrain)**

In all of Galilee, in city or village, He goes among his people curing their illness. **(Refrain)**

Sing then of David's Son, our Savior and brother; In all of Galilee was never another. **(Refrain)**

He gave his life for us, the pledge of salvation, He took upon himself the sins of the nation. **(Refrain)**

Text: 12 12 with refrain. Text © 1967, Willard F. Jabusch. Administered by OCP. All rights reserved. Music: Trad. Israeli folk song.  
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### Psalm: Psalm 22: "My God, My God..."

Cathy McDonald

**Introductory Response:**



E - li E - li la - ma sa - bach - ta - ni.  
E - li E - li la - ma sa - bach - ta - ni.

**Verse Response**



My God, my God. My God, my God. Why have you for - sak - en me? My  
God, my God. My God, my God. Why have you for - sak - en me?

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### **APOSTLE'S CREED**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

AMEN+

# PALM SUNDAY

## OF THE PASSION OF THE LORD

### Preparation of Gifts:

### *When I Survey the Wondrous Cross*

HAMBURG



1. When I sur - vey the won-drous cross On which the  
 2. For - bid it, Lord, that I should boast Save in the  
 3. See, from his head, his hands, his feet, The pain and  
 4. Were ev - 'ry realm of na - ture mine, My gift would



1. Prince of glo - ry died, My rich - est gain I  
 2. death of Christ, my Lord; The vain things that now  
 3. love flow min - gled down; Did e'er such love and  
 4. still be far too small: Love so a - maz - ing,



1. count but loss, And pour con-tempt on all my pride.  
 2. tempt me most, I sac - ri - fice them to his blood.  
 3. sor - row meet, Or thorns com-pose so rich a crown?  
 4. so di - vine, De-mands my soul, my life, my all.

Text: LM; Isaac Watts, 1674-1748, alt. Music: Lowell Mason, 1792-1872, Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

### Liturgy of the Eucharist:

### *Mass of Remembrance*

Marty Haugen

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

Save us, Savior of the world,  
 for by your Cross and Resurrection  
 you have set us free.

Amen, Amen,  
 Amen, Amen!

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace, grant us peace.

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# PALM SUNDAY

## OF THE PASSION OF THE LORD



### Communion:

### ***O Sacred Head, Surrounded***

PASSION CHORALE

O Sacred Head, surrounded By crown of piercing thorn!  
O bleeding Head, so wounded, Reviled and put to scorn!  
The power of death comes o'er you, the glow of life decays,  
Yet angel hosts adore you And tremble as they gaze.

I see your strength and vigor All fading in the strife,  
And death with cruel rigor, Bereaving you of life;  
O agony and dying! O love to sinners free!  
Jesus, all grace supplying, O turn your face on me.

In this, your bitter passion, Good Shepherd, think of me  
With your most sweet compassion, Unworthy though I be;  
Beneath your cross abiding Forever would I rest,  
In your dear love confiding, And with your presence blest.

Tune: PASSION CHORALE, 7 6 7 6 D; Hans Leo Hassler, 1564–1612; harm. by J. S. Bach, 1685–1750 Text: Salve caput cruentatum; ascr. to St. Bernard of Clairvaux, 1091–1153;  
English tr. by Henry W. Baker, 1821–1877. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.



### Sending Forth:

### ***Were You There***

*African American Spiritual*

Were you there when they crucified my Lord?  
Were you there when they crucified my Lord?  
Oh! Sometimes it causes me to tremble, tremble, tremble,  
Were you there when they crucified my Lord?

Were you there when they nailed him to the tree?  
Were you there when they nailed him to the tree?  
Oh! Sometimes it causes me to tremble, tremble, tremble,  
Were you there when they nailed him to the tree?

Were you there when they laid him in the tomb?  
Were you there when they laid him in the tomb?  
Oh! Sometimes it causes me to tremble, tremble, tremble,  
Were you there when they laid him in the tomb?

Were You There, African American Spiritual. Spiritual; Old Plantation Hymns, Boston, 1899. Reprinted with permission under ONE LICENSE #A-706617. All rights reserved.

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